## International Taekwon-Do Federation I.T.F.



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Jan. 8th, 2020

Dear Grandmasters and Masters,

Dear ITF EB Members and Chairpersons of Standing Committees,

Dear NGB Representatives and Instructors,

Dear Taekwon-Do Practitioners,

## Re; ANTI-DOPING EDUCATION AND VOLUNTEERS

- 1. We hope that you have had a restful festive season in preparation of a busy and exciting year ahead.
- 2. Following Professor Kim Sung Hwan's e-mail of 8 November 2019, we are proceeding to implement processes and education towards compliance with the World Anti-Doping Code.
- 3. It is therefore of utmost importance that our Taekwon-Do practitioners familiarize themselves with the World Anti-Doping Code. The WADA website is very instructive and can be reached at <a href="https://www.wada-ama.org/">https://www.wada-ama.org/</a>. In particular, we require:
  - a. Coaches to complete the **CoachTrue** module, accessible at the WADA website at <a href="https://www.wada-ama.org/en/resources/education-and-prevention/coach-true">https://www.wada-ama.org/en/resources/education-and-prevention/coach-true</a>; and
  - b. International athletes to complete the **ALPHA** module, accessible at the WADA website at <a href="https://www.wada-ama.org/en/resources/education-and-prevention/alpha">https://www.wada-ama.org/en/resources/education-and-prevention/alpha</a>.

The modules are available in a few languages. You will be required to register for an account with the Anti-Doping e-learning platform ("ADel") in order to access the e-learning modules. Please do so and choose "International Taekwon-Do Federation (ITF-Austria) (2254)" as your Federation / Organization when you are updating your information.

- 4. Please note that education of the World Anti-Doping Code is very crucial before participation in any international competitions as the ITF Headquarters currently implementing the World Anti-Doping Code in accordance with the Anti-Doping Rules of the International Taekwon-Do Federation.
- 5. Separately, in order to ensure that we have a comprehensive team for the purposes following the spirit of the World Anti-Doping Code, we are looking for volunteers from all countries and regions that can assist the ITF Medical & Anti-Doping Control Committee. We would particularly welcome doctors, nurses, medical administrative personnel, lawyers, judges and teachers, although everyone is welcome to offer their assistance. All of you are kindly requested to forward the Volunteers' Names alongside their CVs to the ITF HQ by 31st this month.
- 6. Your action to the above matters would be greatly appreciated.

Yours in Taekwon-Do,

ITF HQ

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