









Welcome to Nitra - the mother of all Slovak cities. It is situated on seven hills on both sides of the river Nitra. Because of its strategic geographic location. Nitra was first time mentioned in 871 - 873 AD in the document "Conversio Bagoariorum et Carantanorum" and is known as the place where the first Christian church was built in the year 828 on the presentday Slovak territory. Cyril and Methodius, the patron saints of Europe, preached here and in 880 the first Slavic diocese was established here. During the Great Moravian Empire one of the largest settlements in Central Europe, it remained an important centre of commerce until the late Habsburg Empire. The old town and the castle which was the largest one in Slovakia, introduce us to the local history; scores of sacred monuments reflect the Christian history. Nitra is the seat of various institutions, universities, theatres and museums and a well-known location of fairs as well as a modern centre of industries. Every year a wide range of social, cultural and sports events attract a multitude of visitors



Dear President, Trainers, Club Leader, I would like to invite you

TO THE 12TH NITRA CUP, THE TAEKWON-DO ITF COMPETITION IN NITRA, YOUTH, JUNIORS AND SENIORS.

I'm looking forward to your participation. Ivan Kiko, V. Dan President of the Slovak Taekwon-do Alliance





I. General info

Place: Mestská športová hala Nitra

Dolnočermánska 105, 949 11 Nitra

GPS: 48.297320, 18.066630

Date: 26th -27th of April 2019

Oragnizer: Slovenská Taekwon-Do Aliancia

KBU TAEKWON-DO UKF NITRA

(tkd.nitra@gmail.com, tel. +421 904 966 775)

Technical cooperation: Taekwon-Do Academy Slovakia

(molco@molco.sk, +421 948 08 48 78)

Tournament director: Ing. Ivan Kiko, V. dan

(tkd.nitra@gmail.com, tel. +421 904 966 775)

Umpire chairman: Ondřej Vrábel VI. dan

(ondrej.vrabel@taekwondo.cz)

Applications: Deadline is 22nd of April 2019 at 22:00h.

Registering: Online at:

https://tkdreg.eu/UserEvent/Details/19

Registration and weighing: 26.4.2019

Boutique HOTEL 11****

(Ďurková 1166/11, 949 01 Nitra) GPS: 48.314311, 18.083885

Draw: Draw will be on 23rd of April 2019. Each club will receive results of

draw to email for check and make changes. No on the day of the

competition (mainly due to the timing).

STARTING FEE: 20 € - includes matsogi, tul, wiryok and tukgi

10 € - tul (for competitors with 8th-5th kup)

30 € - special competition - matsogi without weight difference (seniors, seniors) WINNING 300 €

Payment must be made by transfer to SK86 0200 0000 0030 7469 6251. Please make your payment by 22nd of April 2019. Please bring with you a proof of payment or send a scanned copy via e-mail. The invoice will be issued to you at the place of registration.

Note: If the starting fee is not credited to the organizer's account on the day of registration, the starting fee will be 50% paid in cash.





II. PRELIMINARY COMPETITION'S SCHEDULE

26th of April 2019 - friday:

18:00 - 21:00 registration, weigh-in in Boutique HOTEL 11****

21:00 Coach and umpire meeting in Boutique HOTEL 11 – congress hall

27th of April 2019 – Saturday

8:00 Arrival to Sport hall NITRA

8:30 Opening ceremony of NITRA CUP 2019

18:00 Selected finals

19:00 Awarding ceremony of Nitra cup 2019

III. PROPOSITIONS:

A. Groups:

youth born in 06, 07, 08 and younger juniors born in 2001, 02, 03, 04 a 2005 seniors born in 2000, and older

B. <u>Disciplines</u>:

tul (Patterns) individuals from 8.kup matsogi (Sparring) individuals from 4.kup Tukgi (special kicks) individuals from 6.kup Wiryok (power breaking) individuals from 6.kup

C. Disciplines and categories:

1. TUL

Youth 8.+7., 6.+5., 4.+3., 2.kup +

Juniors 8.+7., 6.+5., 4.+3., 2.+1. kup, I., II. Dan+ Seniors 8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III.-IV. Dan

Elimination: 1 designated pattern

Final: 1 optional pattern, 1 designated pattern

Designated pattern:

from Chon-Ji to last examination (example, 6. kup: to Do-San)

Optional pattern:

for kup holders, last/next exams (6. kup: Do-San/Won-Hyo) for Dan holders, next exams (1. dan: from Kwan-Gae to Ge-Baek)

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2. MATSOGI Weight categories:

Youth -26, -32, -38, -44, -50, +50 kg, -60 kg Juniors male 45, -51, -57, -63, -69, -75, +75 kg Juniors female -40, -46, -52, -58, -64, -70, +70 kg Seniors male -52, -58, -64, -71, -78, -85, -92, +92 kg Seniors female -47, -52, -57, -62, -67, -72, -77, +77 kg

Datch lenght: Youth: 2x1minutes

Juniors and seniors: 2x2 minutes, pause within rounds: 30 seconds

Matsogi competition without weight difference:

This discipline is for seniors male and seniors female. To run this category, there must be a minimum number of competitors 8. The winner will receive a financial reward of € 300.00.

Matsogi discipline requires a jumping turn kick of at least 180° in each round! The correct design of the technique will be determined by the Central Referee, which must be confirmed by the Jury president.

Each competitor must have hand, foot, teeth, whistles, head, and a suspension for men. Competitors in groups of juniors and seniors may have 10 oz gloves or openhanded gloves.

3. TUKGI

The tukgi competition is for the 6th kup and higher. Competitors with 6. to 4. kup can only compete in techniques nopi, dollyo a nomo.

Initial heights:

	Nopi	Dollyo	Dolmyo	Bande	Nomo
Youth male	210	200	-	-	120/70
Youth female	200	190	-	-	110/70
Juniors male	255	245	225	225	230/70
Juniors female	220	210	195	195	150/70
Seniors male	260	255	230	230	250/70
Seniors female	230	220	205	205	170/70

^{*} The number of competitors that may be nominated club / school in the category and Tukgi is limited to 2 competitors





4. WIRYOK

The wiryok competition is for the 6th kup and higher. Competitors with 6. to 4. kup can only compete in techniques ap joomuk, sonkal, yop chagi a dollyo chagi.

	ap joomuk	Sonkal	yop chagi	dollyo chagi	bandae dollyo chagi
Senior male	2	2	4	3	3
Senior female		2	3	2	

^{*}The number of competitors that may be nominated club / school in the category and Wiryok is limited to 2 competitors.

IV. Rules:

The competition will be in accordance with the ITF rules and these propositions. For Categorization is decisive YEAR of birth, not date!

V. Referees:

Each club / section / school must ensure for the duration of the event qualified referees according to the number of competitors:

- 1-10 competitors: 1 referee- 11-20 contestants: 2 judges- 21-30 competitors: 3 judges
- etc. For every 10 other competitors, another referee.

The referees are required to be dressed according to the rules of the ITF, throughout the event.

The organizer arranges for food and event accommodation..

VI. Coach:

He must be present during the competition, older than 18 years and in sportswear and shoes. During the matches, it must have a water, a towel, or hygienic handkerchiefs. The organizer will provide coaches with food or accommodation.

VII. Trophies:

The 1st, 2nd, 3rd place in each category will be awarded the medal. The most successful individual will be trophies and also clubs.





VIII. Protest:

A protest against the decision of the referees during a competition may be given only by the coach in writing within 5 minutes of the end of the match with a deposit of EUR 25 in the hands of the main referee.

IX. Changes in registration:

Any change in the draw and the list of competitors (eg in connection with a misquoted category, group) on the day before the competition will be possible only in the presence of a coach and for a fee of \leq 30.00 / change. On the day of the competition no changes will be made to the drawings..

X. Draw method:

The draw method (pyramid, each with each, group) will be determined by the number of competitors registered with respect to the timing of the competition.

THE ORGANIZER AND UMPIRE CHAIRMAN RESERVE THE POSSIBILITY TO CHANGE, RESPECTIVELY MERGING CATEGORIES, IN THE CASE OF THEIR UNOCCUPATION, RESPECTIVELY SMALL OCCUPATION.







XI. Accommodation:

Category A:

- Boutique HOTEL 11**** in town centre, 30 € / person, breakfast buffet
- Ďurková 1166/11, 949 01 Nitra





Category B:

- Hotel Xawax, accommodation 6 km from sports hall, Price without breakfast: 15 €/ person
- Vinárska 333/1, 951 41 Lužianky







