

# INVITATION

## International Technical Seminar and International Instructor Course with Grand Master Prof. Hwang Ho Yong

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**A.C. Taekwon-Do Polichnis**, with the approval of the Athletic Taekwon-do Federation of Hellas, organizes an **INTERNATIONAL TECHNICAL SEMINAR** and **INTERNATIONAL INSTRUCTOR COURSE conducted by Grand Master Prof. Hwang Ho Yong** on 6-8 December 2019.

### **Grand Master Professor's Hwang short resume**

Grand Master, Professor Hwang Ho Yong Senior Vice President of the International Taekwon-do Federation and Technical and Education Committee Chairman, was born on 11/05/1956 in Sin Uiz of Korea.

From 1983 until 1986 he was a member of the demonstration team of the International Taekwon-do Federation which made demos almost throughout the world (China, Hungary, Yugoslavia, Norway, Poland, Singapore, India, etc. ..) in an effort to make known the Taekwon-do around the world.

In 1987 he was sent by the International Taekwon-do Federation to Czechoslovakia to teach Taekwon-do. Under his guidance, the Czech Taekwon-do Federation became a very strong and well organized NGB.

In 2011, 7th of September, he earned 9th DAN and became the 1st Korean 9th DAN holder (K-9-1).

He was Chairman of the ITF Junior Committee and then the Education committee. Since 2008 is Chairman of the ITF Technical Committee and subsequently by the merger of the two committees into one, he is the Chairman of the Technical and Education Committee of the ITF.

His job is the spread of Taekwon-do around the world and the unification of educational methods by all instructors, as well as the preservation of genuine art of Taekwondo. He teaches and directs systematically Taekwon-do in Poland, Hungary, Switzerland, Netherlands and Slovakia.

As responsible of the Technical and Education Committee, called in many countries of the world and gives technical seminars for athletes, coaches and referees. At the technical seminar GM Hwang will teach Fundamental exercises-techniques, Patterns (Tuls), Sparring (Matsogi), Self Defence (Hosin Sool) and Conditioning (Dallyon)

# International Technical Seminar

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## CONTENT OF THE SEMINAR

Fundamental exercises-techniques, Patterns(Tulls), Sparring (Matsogi), Self Defence (Hosin Sool), Conditioning (Dallyon)

## PARTICIPATION FEES

	International Seminar	
	No Booklet Holders	Booklet Holders
1 <sup>st</sup> - 2 <sup>nd</sup> Degree	120 €	90 €
3 <sup>rd</sup> - 6 <sup>th</sup> Degree	205 €	140 €
7 <sup>th</sup> - 9 <sup>th</sup> ITF Degree	40 €	40 €

# International Instructor Course

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## PARTICIPATION FEES

	Instructor Course + Technical Seminar	
	No Booklet Holders	Booklet Holders
3 <sup>rd</sup> - 6 <sup>th</sup> Degree	380 €	250 €
7 <sup>th</sup> - 9 <sup>th</sup> ITF Degree	50 €	50 €

## DEADLINE

Everyone who wants to participate at the seminar should sent the application form by e-mail at [akis.vasilias@gmail.com](mailto:akis.vasilias@gmail.com) until Wednesday 4<sup>th</sup> of December 2019.

# SEMINAR SCHEDULE

## Friday

**09:00 – 12:00 International Instructor Course**

All participants should wear business suit

**15:00 – 18:00 International Instructor Course**

All participants should wear business suit

**19:00 – 21:00 International Instructor Course**

All participants should wear business suit

## Saturday

**08:00 – 09:00 Registration**

**09:00 – 12:00 International Technical Seminar – IIC Practical part**

All participants should wear I.T.F. Dobok.

**15:00 – 18:00 International Technical Seminar – IIC Practical part**

All participants should wear I.T.F. Dobok.

## Sunday

**09:00 – 12:00 International Technical Seminar – IIC Practical part**

All participants should wear I.T.F. Dobok.

**15:00 – 17:00 International Technical Seminar – IIC Practical part**

All participants should wear I.T.F. Dobok.

**17:00 – 18:00 International Technical Seminar – IIC Practical part – Grading**

## for Degree

All participants should wear I.T.F. Dobok.

# A Few Words About Thessaloniki

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Thessaloniki is the [second-largest city](#) in [Greece](#) and the [capital](#) of [Greek Macedonia](#), the [administrative region](#) of [Central Macedonia](#) and the [Decentralized Administration of Macedonia and Thrace](#). The [municipality of Thessaloniki](#), the historical center, had a population of 385,406 in 2007, while the [Thessaloniki Urban Area](#) had a population of 800,764 and the [Thessaloniki Metropolitan Area](#) had 1,104,460 inhabitants in 2011.

Thessaloniki is Greece's second major economic, industrial, commercial and political center, and a major transportation hub for the rest of southeastern Europe; [its commercial port](#) is also of great importance for Greece and the southeastern European hinterland. The city is renowned for its festivals, events and vibrant cultural life in general, and is considered to be Greece's cultural capital. Events such as the [Thessaloniki International Trade Fair](#) and the [Thessaloniki International Film Festival](#) are held annually, while the city also hosts the largest bi-annual meeting of the [Greek diaspora](#).

Thessaloniki was the 2014 [European Youth Capital](#).

The city of Thessaloniki was founded in 315 BC by [Cassander of Macedon](#). An important metropolis by the Roman period, Thessaloniki was the second largest and wealthiest city of the Byzantine Empire. It was conquered by the Ottomans in 1430, and passed from the Ottoman Empire to modern Greece on 8 November 1912.

Thessaloniki is home to numerous notable [Byzantine monuments](#), including the [Paleochristian and Byzantine monuments of Thessaloniki](#), a [UNESCO World Heritage Site](#), as well as several [Roman](#), [Ottoman](#) and [Sephardic Jewish](#) structures. The city's main university, [Aristotle University](#), is the largest in [Greece](#) and the [Balkans](#).

Thessaloniki is a popular tourist destination in [Greece](#). For 2013, [National Geographic Magazine](#) included Thessaloniki in its top tourist destinations worldwide, while in 2014 [Financial Times](#) FDI magazine (Foreign Direct Investments) declared Thessaloniki as the best mid-sized European city of the future for human capital and lifestyle. Among street photographers, the center of Thessaloniki is also considered the most popular destination for [street photography](#) in Greece.

**A.C. Taekwon-Do Polichni**

Information  
**Vasilias Chrisologis**  
0030 697 188 1442  
akis.vasilias@gmail.com