



# International Taekwon-Do Federation (I.T.F.)

국제 태권도련맹

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**To; NGB/AGB Presidents/Representatives  
Fr; ITF HQ**

**Aug. 29, 2022**

Dear Presidents/Representatives,

It is with my greatest pleasure to contact all of you in regards to the upcoming 1<sup>st</sup> ITF World Cup Taekwon-Do Games in Argentina.

As you are all aware, the Championships is going to be held in Argentina, the country of rich cultural and TKD heritage, therefore, I am quite confident that this event is going to be of a great success with the help of each and every member of the ITF community.

In this letter, I am going to address the medical aspect of the tournament.

At the moment, the situation with Covid-19 cases in Argentina is quite favorable for the tournament as the number of infections is quite low for the month of August.

There are no vaccination or testing requirements currently in force for the travelers entering Argentina.

However, those who are not fully vaccinated are recommended to have a diagnostic test within 24 hours following their entry into Argentina, but it is not obligatory at the moment.

It is important to keep in mind that all non-resident arrivals must fill in an electronic 'sworn statement' form within 48 hours before travelling to Argentina, and present the Proof of Insurance which will cover any covid-19 related costs.

Of course, one must check the requirements in place ahead of travelling.

Before travelling, the ITF Medical Committee strongly recommends that you obtain comprehensive travel insurance which will cover all overseas medical costs, including medical and receive a vaccine booster shot if applicable.

On this occasion, the ITF Medical Committee strongly recommends, as well, you not to travel if;

- You have COVID-19 symptoms, even if you recovered from COVID-19 within the past 90 days or are up to date with your COVID-19 vaccines.
- You tested positive for COVID-19. It is not a full 10 days after your symptoms started or the date your positive test was taken if you had no symptoms. Then you are waiting for results of a COVID-19 test.

Please also keep in mind that if your test comes back positive while you are at your destination, you will need to isolate and postpone your return until it's safe for you to travel. Your travel companions may need to quarantine.

Finally, please remember that exchanging any personal items, in particular, protective equipment bears high risk of contamination, so everybody is strongly reminded to have personal protective antiviral attire (mask and antiseptic) at hand and follow the Local Organizing Committee instructions in order to be able to fully and safely enjoy this exciting event.

Yours in Taekwon-Do,

**Dr. Tatiana L Naumidi, MD PhD**  
ITF Medical Committee Chair

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