

INTERNATIONAL INSTRUCTORS COURSE & TECHNICAL SEMINAR

25th - 27th February 2022



CONDUCTED BY GRANDMASTER HUTCHISON IX DEGREE

BITF President, EITF Vice President, EITF EB Member, ITF Chairman of the Junior & Veteran Committee & ITF Executive Board Member



BRITISH ISLES TAEKWON-DO FEDERATION BITF



Open to all ITF Members

Venue THE BAY HOTEL BURNTISLAND ROAD, KINGHORN, FIFE, SCOTLAND, UK KY3 9YE



Taekwon Grandmasters, Masters and Instructors,

On behalf of Grandmaster Hutchison and the BITF we look forward to welcoming you to the Bay Hotel, Scotland UK during the weekend 25th - 27nd February 2022.

Please find enclosed information on Course, Seminar and accommodation details.

We hope you enjoy your stay in Scotland.

If you have any questions, please do not hesitate to contact the host organiser:

British Isles Taekwon-Do Federation

Contact: Miss Lyn Talbott (BITF Secretary)

Email: <u>bitfsecretary@gmail.com</u>

Phone: +44 (0)7590 482226

Organiser: British Isles Taekwon-Do Federation

- **Conductor:** GM L Hutchison IX BITF President, EITF Vice President, EITF EB Member, ITF Chairman Junior & Veteran Committee & ITF Executive Board Member.
- **Dates:** 25th 27th February 2022
- Venue: Bay Hotel Burntisland Road Kinghorn Burntisland KY3 9YE Scotland

www.thebayhotel.net







COST & REGISTRATION

	Organisers Fee	IIC/ITS with Booklet	IIC/ITS No Booklet	ITS only with Booklet	ITS only No Booklet
KUP GRADES	30.00 GBP	-	-	27 .00 GBP	27.00 GBP
(sat only)					
1 st - 2 nd DAN	50.00 GBP	-	-	45.00 GBP	70.00 GBP
3 rd - 6 th DAN	50.00 GBP	-	-	87.00 GBP	145.00 GBP
4 th – 6 th DAN	50.00 GBP	175.00 GBP	275.00 GBP	-	-
7 th +	50.00 GBP	-	-	-	-

All Participants will receive a free Participation Certificate from the Organiser signed by course Conductor GM Hutchison IX

Additional/optional Fees:

- ITF Participation Certificate 27.00 GBP
- Banquet Saturday 26th February 40.00 GBP see attached Menu
- International Instructors Certificate 250 Euros via own NGB after successful completion of course

How to Calculate Total cost:

Organiser fee + ITS only fee or IIC/ITS fee which ever one is applicable + Optional Banquet Fee + Optional ITF Participation Fee

All fees to be paid by 11th February 2022 to:

British Isles Taekwon-Do Federation Lloyds Bank 16 Market Place Oldham OL1 1JG Account number - 50478168 Sort Code - 30-96-26 IBAN – **GB19 LOYD 3096 2650 4781 68** BIC/SWIFT – LOYDGB21446

Quoting Full name for reference - Registration forms (included in pack) to be emailed by the 11th February 2022 to: <u>bitfsecretary@gmail.com</u>

Course Schedule:

Friday 25th February 2022 – Attire (Blazer & Tie)

15.00 - 16.00	-	Registration IIC
16.00 - 19.00	-	IIC Classroom (ITF attire)

Saturday 26th February 2022 – Attire (Dobok & Belt)

09.00 - 09.30	-	Registration ITS
10.00 -12.30	-	ITS Practical 1
12.30-14.00	-	Lunch
14.00 - 17.00	-	ITS Practical 2
17.00-17.30	-	Photos
19.30	-	Banquet

Sunday 27th February 2022 – Attire (Dobok & Belt)

09.00 - 12.00	-	ITS Practical 3
12.00 - 13.00	-	Lunch
13.00 - 13.30	-	Photos
13.30 - 14.30	-	IIC Exam
15.00	-	Degree Testing

Degree Testing:

If you are intending to Test please ensure you confirm this on the registration form. Pay the examiner grading fee at registration. Bring your ITF & NGB approval to grade signed by your NGB. Please contact us for further information.

Hotels:

BITF suggests the following hotel:

Bay Hotel Burntisland Road Kinghorn Burntisland KY3 9YE Scotland

Booking ref: FEB2022

Website: www.thebayhotel.net







For alternative Accommodation and Travel arrangements – See Guest information section.

Visas:

If you are entering the UK from abroad, please check if you require a visa and apply accordingly using the following Link: <u>www.gov.uk/check-uk-visa</u>

For any queries or questions, please contact the BITF Secretary:

Contact: Miss Lyn Talbott

Email: <u>bitfsecretary@gmail.com</u>

Phone: +44 (0)7590 482226

IIC & ITS REGISTRATION FORM

DETAILS:	PLEASE FILL IN YOUR PERSONAL DETAILS
NAME	
DEGREE	
COUNTRY	
NGB	
CONTACT DETAILS	
CONTACT DETAILS	
ITF BOOKLET	
NUMBER	
INSTRUCTOR NAME	

COURSE:	PLEASE ANSWER YES OR NO IN BOX'S BELOW
ITS SATURDAY	
ONLY	
ITS ALL WEEKEND	
ITS & IIC	
APPLYING FOR IIC	
TESTING	
BANQUET	
ITF CERTIFICATE	

ENTER YOUR	FEES & TOTALS
Organiser fee	
Course fee	
Banquet	
ITF Cert	
TOTAL	



Banquet Menu - Saturday Evening 26th February 2022

022 IIC Dinner

To Begin

Tomato, Basil and Mascarpone Soup Served with Crusty Bread

Toasted Brioche with Stornoway Black Pudding, Poached Egg and Hollandaise Sauce

Warm Woodland Mushroom and Tarragon Tart With Truffle Oil

Refreshing Fruit Sorbet

Main Course

Supreme of Chicken With a filling of Leek and Prune Maiose

Roasted Fillet of Scotch Beef With White Pudding and Drambuie Sauce

Baked Butternut Squash With Roasted vegetables and a Herb Crust

Tempura Battered Haddock Fillets With Pea Puree and Hand Cut Chips

All of the Above Served with Seasonal Vegetables

Desserts

Vanilla Poached Pear With Hay Ice Cream and Chocolate Sauce

Chocolate Orange Brioche Pudding With Crème Anglaise

> Light Baileys Cheesecake With Crème Chantilly

******* Selection of Scottish Cheeses Served With Celery, Grapes, Chutney & Oatcakes

Tea or Coffee with Petit Fours

£40.00





GUEST INFORMATION

Arrival Airport – Edinburgh (Airport map and overview attached) Event Address: Pettycur Bay Holiday Park, Burntisland Road, Kinghorn, KY3 9YE The Bay Hotel Telephone Number: **01592 892222**

How To Find Us

Your easiest way is to get a tram from the airport to Edinburgh Gateway then walk to the Train station and get the Aberdeen train that will stop at Kinghorn or Burntisland.

There's a tram station right by the airport terminal. From there, you can take a tram direct to Edinburgh Gateway station. The tram journey takes 7 minutes and trams run every 7-10 minutes. A tram ticket costs \pounds 5.50 for a single (\pounds 3.00 for children aged 5-15).

Edinburgh Gateway tram stop is connected to Edinburgh Gateway rail station; an escalator joins the tram platform to the main entrance of the station.

From Burntisland you will get a taxi sitting at the rank or at Kinghorn you can either walk along which is about 10 minutes or call a taxi to bring you to the hotel, taxi number **01592 871234**



https://goo.gl/maps/kxaRCgHtUTBdUg9E9

For getting around

Local Taxis

<u>Burntisland / Kinghorn</u> Lees Taxis: 01592 871234 Island Cars: 01592 874321

<u>Kirkcaldy</u> Taxi Central: 01592 203040 Kirkcaldy Cabs: 01592 654321 JJ Taxis: 01592 505050

Dunfermline Dunfermline Taxi: 07926953578 Go Pals Taxi: 01383 636363

For bus timetables please see https://www.stagecoachbus.com/plan-a-journey

For trains please see https://www.thetrainline.com/

Alternative Accommodation Options

Kingswood Hotel, Burntisland. http://kingswoodhotel.co.uk/

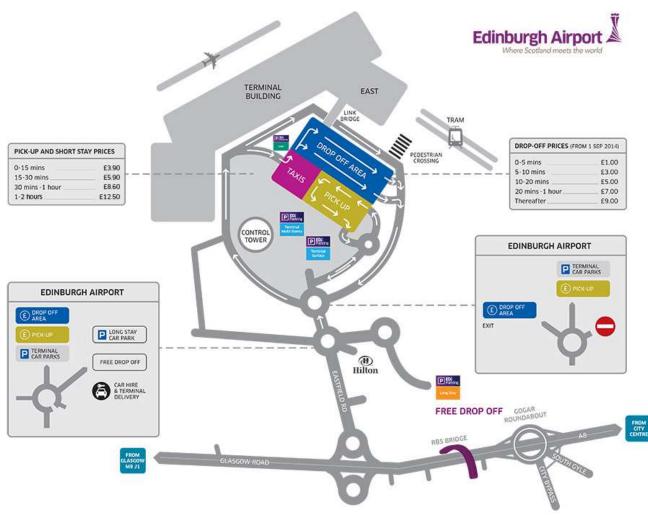
Dean Park Hotel, Kirkcaldy. https://www.deanparkhotel.co.uk/

Travelodge, Glenrothes. https://www.travelodge.co.uk/hotels/274/Glenrothes-hotel

Premier Inn, Glenrothes. https://www.premierinn.com/gb/en/hotels/scotland/fife/glenrothes/glenrothes.html

Sightseeing and Attractions

Fifes Coastal Villages https://www.welcometofife.com/region/east-neuk Forth Boat Tours https://www.forthtours.com/ Deep Sea World https://www.deepseaworld.com/ Edinburgh Castle https://www.edinburghcastle.scot/ Inchcolm Abbey and Island https://www.historicenvironment.scot/search-results?q=inchcolm St. Andrews https://www.visitscotland.com/destinations-maps/st-andrews/see-do/ Falkland Palace https://www.nts.org.uk/visit/places/falkland-palace Scotland's Secret Bunker https://secretbunker.co.uk/ Fife Golf Courses https://www.visitfifegolf.com/ The Forth Bridges https://www.theforthbridges.org/



SURFACE AND TERMINAL CAR PARKS CAN BE ACCESSED BY FOLLOWING P TERMINAL CAR PARKS

