



**OPEN CUP OF CIS  
WORLD CUP  
TAEKWON-DO**  
**Minsk, Belarus**  
**25-30.11.2020**



## General Information

### Sports venue:

The Republic of Belarus, Minsk, Pobediteley avenue, 111 b. «Minsk-Arena»



Minsk is the capital of the Republic of Belarus, the largest industrial, economic, scientific and cultural center. Belarus is situated in the heart of Europe on the watershed of the Baltic and Black seas. Belarus borders on Poland, Lithuania, Latvia, Russia and Ukraine. The distance from Minsk to Vilnius is 180 km, to Riga - 470 km, to Warsaw - 550 km, to Kiev - 580 km, to Moscow - 700 km.

One can get to Minsk:

by plane-international airport Minsk-2 is situated in 30 km from Minsk.

by train- modern train station takes international and local routes.

by bus-there are regular bus services between Minsk and other European cities.

## The competitors

To participate in the international tournament-World Cup are allowed sport delegations of the countries-members of International Taekwondo Federation (ITF).The athletes-participants must be of appropriate age (minimum 7 years in the conforming groups) and qualification (minimum 9 gup, maximum 6 dan in the conforming categories), passport, certificate, ITF passport, as well as medical admition and insurance policy. Each sport delegation should submit the original application form. Each sport delegation can be represented by unlimited number of athletes.



## Applications for participation.

**1<sup>st</sup> October is the preliminary Accommodation Deadline (information with the number of team members, their status, room numbers and their categories and chosen package )**

**Please, send this information to e-mail: [bltkd@bk.ru](mailto:bltkd@bk.ru)**

**1<sup>st</sup> November is the Final Deadline for teams to send full applications to e-mails of the Organizing committee: Viachaslau Berzhets, <tel:+375296760372>, e-mail: [bltkd@bk.ru](mailto:bltkd@bk.ru)**

## PAYMENTS AND PENALTIES

### Fees

- **Individual entry fee:** 40 EURO per each competitor
- **Team entry fee:** 50 EURO per each team and per each type of competition program
- **Accreditation fee for countries (teams and participants) using their own accommodation:** 50 EURO per person.  
*Also they must pay entry fee as well.*

### Penalties

- Sending application form after the 1<sup>st</sup> of November - 50 EURO
- Each change of the application form after dead line -10 EURO
- Change of the ID card (after it was accepted by the coach) - 10 EURO
- Duplicate of the ID card - 5 EURO
- Lack of the photo in the application form - 5 EURO for each
- Separate invoices for each team member - 1 EURO for invoice
- For the late team arrival (after official closing of the registration) - 250 EURO

## Competitions program

Competitions are held in the following sports disciplines:

- Individual and team competitions for Pattern (complex formal exercises)
- Individual and team competitions sparring (matsogi)

### Individual competitions

Individual competitions are held in all age groups and divisions, each sport delegation has the right to put any number of athletes in each category for Sparring and no more than 4 athletes in each category for Pattern.

### Team competitions

Team competitions are held in groups: 11-13 years, 14-15 years, 16-17 years, 18-39 years. Each sport delegation has the right to put only one male and one female team in each age group. The team (for each age group: children, juniors and adults) must consist of 5 athletes+1



stand by athlete, with the same composition for participation in all command disciplines (pattern and sparring). In case there will be less than 3 teams in the category, competitions will not be held.

Competitions are held according to the rules of the International Taekwondo Federation (as amended in 2017), subject to the ITF tournament standards.

#### Duration of the matches:

- 7 - 8 years - 2 rounds (1 min.) with 40 seconds break,
- 9 - 10 years - 2 rounds (1 min. 30 seconds.) with 40 seconds break ,
- 11- 13 years - 2 rounds (1 min. 30 seconds.) with 40 seconds break,
- 14 - 17 years - 2 rounds (2 min.) with 60 seconds break,
- 18 - 39 years - 2 rounds (2 min.) with break 60 seconds break,
- 40 - 59 years - 2 rounds (1 min. 30 seconds.) with 60 seconds break.

#### Age groups, weight categories and qualifying divisions of the participants.

Age group 7-8 years			
Pattern			
1 <sup>st</sup> division 9-5 gup		Chon-Ji - Yul-Gok	
2 <sup>nd</sup> division 4-1 gup		Chon-Ji – Choong-Moo	
Sparring			
Weight category	Children male	Children female	Division
Super light	- 23 kg	- 23 kg	1div.9-5gup,2div.4-1gup
Light	-26 kg	- 26 kg	1div.9-5gup,2div.4-1gup
Average	-29 kg	- 29 kg	1div.9-5gup,2div.4-1gup
Light heavy	- 32 kg	- 32kg	1div.9-5gup,2div.4-1gup
Heavy	- 35 kg	- 35 kg	1div.9-5gup,2div.4-1gup
Super heavy	+ 35 kg	+ 35 kg	1div.9-5gup,2div.4-1gup

**In the age groups 7-8 years all athletes will be divided in groups consisting of 4 competitors in weight categories and there will be played out a set of medals between them.**

Age group 9-10 years			
Pattern			
1 <sup>st</sup> division 9-5 gup		Chon-Ji - Yul-Gok	
2 <sup>nd</sup> division 4-1 gup		Chon-Ji - Choong-Moo	
Sparring			
Weight category	Children male	Children female	Division
Super light	- 26 kg	- 26 kg	1d.9-5gup,2d.4-1gup
Light	- 29 kg	- 29 kg	1d.9-5gup,2d.4-1gup
Average	- 32 kg	- 32 kg	1d.9-5gup,2d.4-1gup
Light heavy	- 35 kg	- 35 kg	1d.9-5gup,2d.4-1gup
Heavy	- 40 kg	- 40 kg	1d.9-5gup,2d.4-1gup
Super heavy	+40 kg	+ 40 kg	1d.9-5gup,2d.4-1gup



<b>Age group 11-13 years</b>			
<b>Pattern</b>			
<b>1<sup>st</sup> division</b> 6-3 gup		Chon-Ji - Toi-Gye	
<b>2<sup>nd</sup> division</b> 2 gup-1degree		Chon-Ji - Ge-Baek	
<b>Sparring</b>			
<b>Weight categories</b>	<b>Cadet male</b>	<b>Cadet female</b>	<b>Division</b>
Super light	-35 kg	- 30 kg	1d.6-3gup,2d.2gup-1degr.
Semi light	- 40 kg	- 35 kg	1d.6-3gup,2d.2gup-1degr
Light	- 45 kg	- 40 kg	1d.6-3gup,2d.2gup-1degr
Average	- 50 kg	- 45 kg	1d.6-3gup,2d.2gup-1degr
Light heavy	- 55 kg	- 50 kg	1d.6-3gup,2d.2gup-1degr
Heavy	- 60 kg	- 55 kg	1d.6-3gup,2d.2gup-1degr
Super heavy	+ 60 kg	+ 55 kg	1d.6-3gup,2d.2gup-1degr
<b>Team pattern and sparring</b>			
Cadet male			
Cadet female			

<b>Age group 14-17 years</b>			
<b>Pattern 14-17 years</b>			
<b>1<sup>st</sup> division</b> 4-1 gup		Chon-Ji - Choong- Moo	
<b>2<sup>nd</sup> division</b> 1 degree		Chon-Ji - Ge-Baek	
<b>3<sup>rd</sup> division</b> 2-3 degree		Chon-Ji - Choong –Jang	
<b>Team pattern 14-17 years</b>			
Junior male			
Junior female			
<b>Sparring 14-15 years</b>			
<b>Weight categories</b>	<b>Junior male</b>	<b>Junior female</b>	<b>Division</b>
Super light	- 45 kg	- 40 kg	1d.4-1gup,2d.1-2degr.
Semi light	- 50 kg	- 45 kg	1d.4-1gup,2d.1-2degr.
Light	- 55 kg	- 50kg	1d.4-1gup,2d.1-2degr
Average	- 60 kg	- 55 kg	1d.4-1gup,2d.1-2degr
Light heavy	- 65 kg	- 60 kg	1d.4-1gup,2d.1-2degr
Heavy	- 70 kg	- 65kg	1d.4-1gup,2d.1-2degr
Super heavy	+ 70 kg	+ 65 kg	1d.4-1gup,2d.1-2degr
<b>Team sparring 14-15 years</b>			
Junior male			
Junior female			
<b>Sparring 16-17 years</b>			
<b>Weight categories</b>	<b>Junior male</b>	<b>Junior female</b>	<b>Division</b>
Super light	- 45 kg	- 40 kg	1 <sup>st</sup> division 1-3 degree
Semi light	- 51 kg	- 46 kg	
Light	- 57 kg	- 52 kg	
Average	- 63 kg	- 58 kg	
Light heavy	- 69 kg	- 64 kg	
Heavy	- 75 kg	- 70 kg	
Super heavy	+ 75 kg	+ 70 kg	
<b>Team sparring 16-17 years</b>			



Junior male
Junior female

Age group 18-39 years			
Pattern			
1 <sup>ST</sup> division 1-2 degree	Chon-Ji – Juche		
2 <sup>nd</sup> division 3-4 degree	Chon-Ji - Moon-Moo		
Sparring			
Weight category	Male	Female	Division
Super light	- 52 kg	- 47 kg	1 <sup>st</sup> division 1-4 degree
Semi light	- 58 kg	- 52 kg	
Light	- 64 kg	- 57 kg	
Average	- 71 kg	- 62 kg	
Light heavy	- 78 kg	- 67 kg	
Heavy	- 85 kg	- 72 kg	
Super heavy	- 92 kg	- 77 kg	
Absolut heavy	+92 kg	+77 kg	
Team pattern and sparring			
Male			
Female			

Age group 40-49 years			
Pattern			
1 <sup>st</sup> division 1-3 degree	Chon-Ji - Choi-Yong		
2 <sup>nd</sup> division 4-6 degree	Chon-Ji - Tong-il		
Sparring			
Weight category	Male	Female	Division
Light	- 64 kg	- 54 kg	1 <sup>st</sup> division 1-6 degree
Average	- 73 kg	- 61 kg	
Light heavy	- 80 kg	- 68 kg	
Heavy	- 90 kg	- 75 kg	
Super heavy	+ 90 kg	+ 75 kg	

Age group 50-59 years			
Pattern			
1 <sup>st</sup> division 1-3 degree	Chon-Ji - Choi-Yong		
2 <sup>nd</sup> division 4-6 degree	Chon-Ji - Tong-il		
Sparring			
Weight category	Male	Female	Division
Light	- 66 kg	- 60 kg	1 <sup>st</sup> division 1-6 degree
Average	- 80 kg	- 75 kg	
Heavy	+ 80 kg	+ 75 kg	



## Registration and weigh-in.

Registration and weigh-in will take place in Minsk, Myastrovskaya str.2 in the hotel "Sport Time", on the 25<sup>th</sup> and 26<sup>th</sup> of November, 2020.



The following documents must be shown to the Credentials Committee:

- The original application form,
- The medical insurance policy, valid on the territory of the Republic of Belarus for the whole period of the competitions
- ITF Certificate and ITF passport;
- National Passport;
- ID card;
- **Liability waiver form**

At the weigh-in each participant must have:

- National passport
- Original application form

## Accommodation of the participants.

The Organizing committee is in charge of accommodation of participants according to the preliminary applications. The dead line for the Preliminary applications is 01.10.2020.

Accommodation package includes: ID-card, accommodation, breakfast and dinner, transfers (airport or train station) NOTE: The transfer is carried out around the clock for teams over 5 people. In case of arrival of teams (part of the team) less than 5 people, the wait up to several hours should be taken into consideration, transfer to the sport venue, medical assistance for the athletes during competitions. **Transfer is carried only for the participants, staying at the official hotels.**



## Accommodation:

### Package "B"

double or triple rooms	single room
3 nights -120 EUR (per person)	3 nights -150 EUR (per person)
4 nights -160 EUR (per person)	4 nights -200 EUR (per person)
Additional night +40 EUR (per person)	Additional night +50 EUR (per person)

### Package "A"

double rooms	single room
3 nights -180 EUR (per person)	3 nights -240 EUR (per person)
4 nights -240 EUR (per person)	4 nights -320 EUR (per person)
Additional night +60 EUR (per person)	Additional night +80 EUR (per person)

## Coach

Coach is the only person who presents an athlete and can file a protest (protest fee -50 EUR)  
Only one coach is allowed to remain at the ring during the match.  
Coaches must attend the draw and the coach meeting.

## Umpires

The Head Umpire forms Mandatory and Arbitration Commission, Umpire brigades, determines the order of their work. Each team must provide at least one Umpire for every ten participants. Each Umpire must attend Umpire seminar. The teams that registered more than 20 athletes for the competitions receive the free of charge board for one Umpire from their team. Umpires must fulfill their duties in accordance with the schedule of the competitions.

Umpires must attend all umpire meetings according to the schedule.

Umpire Committee has the right to dismiss any umpire who will not adhere to a work schedule and regulations. The dismissed umpire is obliged to pay for accommodation and board by his own.

### **The official dress code. Protective equipment.**

Sportsmen must be dressed in ITF official form (dobok).

For participation in sparring (masogi) participant must have the following safety equipment:

- Gloves of a standard form (7-13 years - gloves ITF, 14-59 years- boxing gloves 10 ounces);
- Protectors on the feet of a standard form;
- Mouth guard;
- A protective helmet of a standard form (with a closed upper part);
- Female 11-59 years old - a protective breastplate under the jacket dobok;
- Male (7-59 years) - a protective bandage under dobok trousers;
- Shin protection.



Each participant must have protective equipment of red and blue colours. Equipment of a different colour is not allowed.

Umpires and coaches are required to follow the official dress code according to the ITF rules.

### **Officials**

The head of the delegation (team manager), authorized by the President of the national organization represents the country at the competitions. Only the team manager can represent the team members during registration, present the documents, interact with the organizing committee and other officials.

The team manager is responsible for all team members throughout the entire period of staying in Minsk, including checking tickets and visa compliance with the planned duration of stay in the country, and provides all payments during registration and final payments in the hotel on the departure day.

### **Accompanying persons**

Persons who will travel with a team, can receive all the services included in each package for the competitions. Accompanying persons (support group) must comply with the same requirements as the participants of the competitions by the deadline for applications, sending deposit, etc.

### **Visa support**

**There is free of visas regime for 76 countries for 30 days. It works only if one travels by plane and excludes transit in Russia.**

**Information on visa-free travel via the checkpoint “Minsk National Airport”**

**<http://mfa.gov.by/en/visa/visafreetravel/e0ced19bb1f9bf2c.html>**

To obtain visa to Belarus one should contact the nearest Consulate or Embassy of the Republic of Belarus.

The period of receiving visa varies depending on the country of residence.

Participants requiring visa should send a list of names, surnames, dates of birth, current nationality, name and address of the receiving party, the period of staying (arrival and departure dates), passport number, passport expiry date to the organizing committee in order to receive the invitation as soon as possible to e-mail: [bltkd@bk.ru](mailto:bltkd@bk.ru)

For more information on visa issues, please visit the Foreign Ministry of Belarus:

[www.mfa.gov.by](http://www.mfa.gov.by)

### **The awarding ceremony.**

At the awarding ceremony the athlete should be dressed in ITF dobok or team uniforms, other uniforms are not allowed. Unmotivated ignoring the official awarding ceremony by an athlete (medalist) meets penalty in amount of 10 euros.



## **The national anthem and the national flag.**

Each country must bring its national anthem on CD (play time duration is 45 seconds) and national flag. The flag size should be 100 x 150 cm.

## **Additional Information.**

All information regarding customs regulations applied on the territory of the Republic of Belarus, you can find on the site [www.customs.gov.by](http://www.customs.gov.by)

Useful web sites: [www.Belarus.by](http://www.Belarus.by), [www.belarustourist.minsk.by](http://www.belarustourist.minsk.by)

## **Preliminary tournament schedule.**

### **25.11.2020**

Arrival and accommodation.

Registration 10.00-18.00

Weigh-in 10.00-18.00

### **26.11.2020**

Arrival and accommodation.

Registration 09.00 -15.00

Weigh-in 09.00-15.00

Umpire meeting 15.00 -16.00

Coach meeting 16.00-17.00

### **27.11.2020**

Competitions 09.00-18.00

Opening ceremony 18.00-18.30

Awarding ceremony

### **28.11.2020**

Competitions 09.00-19.00

Awarding ceremony

### **29.11.2020**

Competitions 09.00-19.00

Final awarding ceremony

The Organizing committee contacts:

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