

International Taekwon-Do Federation I.T.F.



국제 태권도련맹

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Dear ITF EB Members and Chairpersons of Standing Committees,
Dear NGB Representatives, Grand Masters, Masters and Instructors,
Dear Taekwon-Do Practitioners,

RE; ANTI-DOPING EDUCATION

1. We hope that everyone is keeping safe during this difficult time.
2. We refer to our earlier letters on Anti-Doping Education, dated 8 January 2020 and 5 April 2020.
3. If you are conversant in a language that the e-learning course is available in, kindly note that your completion of the e-learning courses, Alpha for Athletes, and CoachTrue for coaches, are **compulsory. Further**,
 - a. Evidence that you have completed the CoachTrue and Alpha modules in the form of production of certificates issued by WADA will be **strictly required before your registration is accepted** for attendance or competition in any ITF-sanctioned seminar or championship with effect from the date of this letter.
 - b. NGBs hosting any ITF-sanctioned seminar or championship **must ensure** that such evidences are obtained. ITF HQ may request for proof that such NGBs have made the necessary checks that participants have completed the CoachTrue and Alpha modules at any time.

For your information, as at the date of this letter,

- I. the Alpha module is available in Arabic, Czech, English, Spanish, French, Croatian, Italian, Japanese, Polish, Russian, Slovenian, Thai, Turkish and Simplified Chinese; and
 - II. the CoachTrue module is available in English, Spanish, French, Indonesian, Cambodian, Malay, Polish, Slovenian, Thai and Vietnamese.
4. If you are not conversant in any of the languages that the Alpha and/or CoachTrue modules is available in, the NGB **must** create learning material in your comfortable language based on the content of the Alpha and/or CoachTrue modules for the purposes of educating your members on the same. Please forward us copies of such materials and efforts to educate your

members and let us know if you require assistance. Education of your members must similarly take place and be completed ahead of time before registration of any ITF-sanctioned seminar or championship.

5. The WADA website is very instructive and can be reached at <https://www.wada-ama.org/>. In particular, we **require**:
 - a. Coaches to complete the **CoachTrue** module, accessible at the WADA website at <https://www.wada-ama.org/en/resources/education-and-prevention/coach-true>; and
 - b. International athletes to complete the **ALPHA** module, accessible at the WADA website at <https://www.wada-ama.org/en/resources/education-and-prevention/alpha>.

You will be required to register for an account with the Anti-Doping e-learning platform (“**ADel**”) in order to access the e-learning modules. Please do so and choose “**Taekwondo-AUT**” as your Federation / Organization when you are updating your information.

6. Your action to the above matters would be greatly appreciated.

Yours in Taekwon-Do,

ITF HQ

7th May, 2020

International Taekwon-Do Federation

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