

ITF International technical seminar conducted by Grand Master IX dan, Prof. Yury Kalashnikov.

In the very heart of the Urals, in the year of the 300th anniversary of Ekaterinburg.

> Grand Master IX Dan, Prof. Yury Kalashnikov Russia. 2-3 November 2023

# EKATERINBURG

## INTERNATIONAL TECHNICAL SEMINAR & INTERNATIONAL INSTRUCTORS COURSE

Under the guidance of Grand Master IX Dan prof. Yury Kalashnikov

2-3 November 2023

#### Ekaterinburg



#### Date: 2-3 November 2023

Venue: Yekaterinburg city Olimpiyskaya embankment, 3, DIVS, block B, press center (Courses for an

International instructor) st. Vasily Eremina, 12, ESC "Dynamo" (International technical seminar)

Participants: The minimum age of participants is 11 years old with a qualification of at least 2 gyp.

Each participant of the International Technical Seminar and Instructor Course must register through the ITF Database by following the link:

https://data.taekwondo-itf.com/event/31682/5859

#### **Registration ends on 22 October 2023**

#### The cost of the registration fee:

under 2 dan - 2 500 rub. 3 Dan and above - 3 000 rub.

#### Schedule:

#### 1-st day / 2 November 2023

09:00-10:00 – Registration of seminar participants (DIVS, block B, press center)

10:00-13:00 - International instructor courses (DIVS, block B, press center)

13:00-14:00 - Registration of seminar participants (12 Vasily Eremina St., ESC "Dynamo")

14:00-18:00 - Technical seminar (Vasily Eremina St., 12, ESC "Dynamo")

18:00-19:00 - Dinner

#### 2-nd day / 3 November 2023

10:00-13:00 - Technical seminar (Vasily Eremina St., 12, ESC "Dynamo")

13:00-14:00 - Lunch

14:00-18:00 - Certification (Vasily Eremina St., 12, ESC "Dynamo")

Organizers: Russian Taekwon-Do Federation <u>www.itf-russia.ru</u> Chairman of the Organizing Committee: Gulyaev Alexey tel. 8 (925) 507-86-42 E-mail: itf13@mail.ru



#### Servises:

- "Yandex.Travel"
- "OneTwoTrip"
- "Ostrovok.ru "
- "Tutu.ru Hotels"
- "Sutochno.ru"
- "Hotellook.ru "
- "101hotels.com "

Attention!!! For certification for 4 dan and above, it is necessary:

- Availability of wooden boards /size 30x30 / for breaking at least 4 pieces
- Certification fee
- ITF Booklet

In addition to the registration fee, all participants of the International Technical Seminar, according to the Regulations of the ITF, pay a fee to the International Taekwondo Federation of the ITF

|                 | Participation in the<br>seminar (if you have an<br>ITF Booklet) | Participation in the<br>seminar (ITF Booklet<br>is missing) |
|-----------------|-----------------------------------------------------------------|-------------------------------------------------------------|
| under 2 Dan     | 50 €                                                            | 80 €                                                        |
| 3 Dan and above | 100€                                                            | 165€                                                        |

Participants of the Instructor course, according to the Regulations of the ITF, pay a fee to the International Taekwondo Federation of the ITF

|                          | Participation in the    | Participation in the |
|--------------------------|-------------------------|----------------------|
|                          | seminar (if you have an | seminar (ITF Booklet |
|                          | ITF Booklet)            | is missing)          |
| International Instructor | 100 €                   | 150€                 |

ITF Booklet making cost 35 €.

Each International Instructor, according to the ITF Regulations, is required to have an ITF plate.

The cost of making a plate of ITF 180  $\in$ .

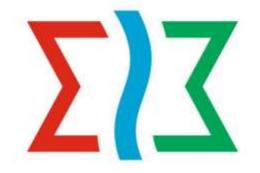








## Welcome to Russia



### EKATERINBURG

















