



WHAT IS A THERAPEUTIC USE EXEMPTION (TUE)?

Athletes may have illnesses or conditions that require them to take particular medications or to utilise particular methods of treatment.

If the medication that an Athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) gives that Athlete the authorization to take the needed medicine so long as the Athlete fulfils all the mandatory criteria to do so.

The Prohibited List can be checked at:

- [WADA Prohibited List](#)
- [GlobalDRO](#)

WHAT ARE THE CRITERIA YOU MUST FULFIL IN ORDER TO OBTAIN A TUE?

The criteria for obtaining a TUE can be found at:

- [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)

This ensures that the process of granting TUEs is consistent across sports and countries.

According to Article 4.2 of the ISTUE, *an Athlete may be granted a TUE if (and only if) he/she can show, on the balance of probabilities, that each of the following conditions is met:*

- The Athlete has a clear diagnosed medical condition which requires treatment using a prohibited substance or method;*
- The therapeutic use of the substance will not, on the balance of probabilities produce significant enhancement of performance beyond the athlete's normal state of health.*
- The Prohibited Substance or Prohibited Method is an indicated treatment for the medical condition, and there is no reasonable permitted Therapeutic alternative.*
- The necessity for the Use of the Prohibited Substance or Prohibited Method is not a consequence, wholly or in part, of the prior Use (without a TUE) of a substance or method which was prohibited at the time of such Use.*

4.2(a) and 4.2(c) must be supported by the written opinion (in English) of a physician qualified in the area of the diagnosis.

- The medical opinion can be no older than three months as at the date of your application.
- A change in any of the details of your Application will require a new TUE.

- Drugs which routinely have a variable dosage (e.g. insulin) should be specified in the TUE.
- You have the responsibility to inform your physician that you are an athlete bound to Anti-Doping Rules.

TUE APPLICATION FORM.

- TUE application form is attached to the information Pack.
- It is also available on ITF-TKD website.

WHEN SHOULD I APPLY FOR A TUE.

- TUE applications for the 2023 World Championship need to be submitted no later than 11th June 2023.

WHERE DO I SUBMIT MY TUE.

- Submit your application to

itf.tkd.tue.application@gmail.com

WHAT IS THE DURATION OF MY TUE.

- ITF-TKD is currently engaging in full WADA compliance.
- TUEs for the 2023 World Championship will be valid until the end of the calendar year 2023.
- Updated requirements will be provided at a later date.

WHAT IF MY TUE IS DENIED?

- Correspondence will be forwarded outlining the reason for denial and the process of appeal.

WILL MY MEDICAL INFORMATION REMAIN CONFIDENTIAL?

- Refer to the Privacy Notes in the TUE Application Form