

International Instructors Course & International Technical Seminar

28th 29th 30th Jan 2022

Grand Master
**John
Taylor**

55th Anniversary



Venue
Sport Wales National Centre
Sophia Gardens
Cardiff
CF11 9SW
Wales, UK

www.ukta.com



ITF INTERNATIONAL INSTRUCTORS COURSE CARDIFF 2022

Celebrating 55 years of our International Taekwon-Do Federation

To All Grandmasters, Masters and Instructors.

We look forward to welcoming you again to the Capital of Wales, Cardiff.

On behalf of the IIC Grand Master Taylor, President of ITF Wales, will be conducting this event, with the assistance of our UKTA Grand Masters. The UKTA would like to welcome you to this celebratory event, marking 55 years of the International Taekwon Do Federation.

We hope you enjoy this weekend and your stay in Cardiff during the weekend of the 28th – 30th Jan 2022.

Please find enclosed detailed information giving accommodation details in Cardiff and essential details about the venues that will be relevant for all attending.

If there are any questions, please do not hesitate to contact the hosting organisers:

Mr Darren Johns V Degree
UKTA, BTC, ITF
International Instructor "A" Class
International Umpire 1465
Cardiff North Taekwon-Do School
Tel 07970 259906
Johnsy74@hotmail.com

United Kingdom Taekwon-Do Association
Contact: Ms Carrie King (UKTA Office Manager)
E-mail: officemanager@ukta.com
Phone: +44 (0)845 129 7158

IMPORTANT COVID NOTICE

Current guidelines (as of Sept 2021) are that no restrictions are in place. However, this event will always be run within the latest guidelines as issued by the Welsh Government."

Weekend Timetable and Venues

Please note the International Instructors Course will be conducted within 2 venues.

FRIDAY 28th JANUARY 2022 Attire ITF/UKTA Blazer.

VENUE: HOLIDAY INN CARDIFF CITY CENTRE

5.30pm	Course Registration
6.00pm - 8.30pm	Class Based Study (Attire ITF/UKTA Blazer)

SATURDAY 29th JANUARY 2022 – Attire required Dobok and Belt

VENUE: THE SPORTS WALES NATIONAL CENTRE

This day will be open to all UKTA students of all grades

9am	Course Registration
9.30am – 12.00pm	Course (Dobok)
12.00pm - 1.30pm	Lunch
1.30pm - 4.30pm	Course (Dobok)
4.30pm	Colour Belt Grading if approved in advance <i>(Attendees will be permitted to grade with the permission from their relevant NGB)</i>

SUNDAY 30th JANUARY 2022 – Attire required Dobok and Belt

VENUE: THE SPORTS WALES NATIONAL CENTRE

9.00 am	Course Registration
9.30 am	Course
12.30 pm	Course Closure
1.30pm	Black Belt Promotion Exam - Applicants must have prior-approval from the ITF and their NGB

Online Registration

In order for all attendees to register, please follow this online link in order to register for this event www.ukta.com

Costs

These Course costs include ITF Fees and Organiser Costs. Please note there are additional costs for Official ITF Course certificates.

All ITF Booklet participants must have their booklet with them upon arrival on registration.

	COURSE (ITF Booklet)	COURSE (No Booklet)
All Kup Grades	50 GBP	50 GBP
1st – 2nd Dan	150 GBP	180 GBP
3rd - 6th Dan	200 GBP	245 GBP
7th – 8th Dan	50 GBP	50 GBP
First Time International Instructor – Additional cost		250 EUR

Certificates

If you would like an official ITF course certificate there is an additional **30 EUROS** cost.

All participants will receive a participation certificate signed by the course conductor GM John Taylor, free of charge.

Making Payment

The UKTA has two accounts, please arrange payment of the sterling into one account and the euros into the other account.

Account For GBP Payment (£)	Account For Euro Payment (€)
United Kingdom Taekwon-Do Association Barclays Bank, High Street, Orpington Sort Code: 20 14 33 Account No: 50705764 IBAN: GB16 BUKB 2014 3350 7057 64 SWIFT: BUKGB22 Please ensure your bank reference is the attendees first name and surname	UK Taekwon Do Association – Euro Account Barclays Bank, 83 - 117 Euston Road, London NW1 2RA Sort Code: 20 14 33 Account No: 54396488 IBAN : GB23 BUKB 2014 3354 3964 88 Please ensure your bank reference is the attendees first name and surname

Accommodation

Accommodation has been secured at the Holiday Inn Cardiff City Centre, where the Friday evening class will take place.

Rooms have been secured at a very discounted rate for our attendance, on a B&B basis.

ALL ATTENDEES ARE TO BOOK AND SETTLE THEIR ACCOMMODATION DIRECTLY WITH THE HOTEL AND NOT VIA THE UKTA.

When booking please quote the following code in order to receive the relevant discount:-

All attendees please quote – UKTA D

Holiday Inn Cardiff City Centre

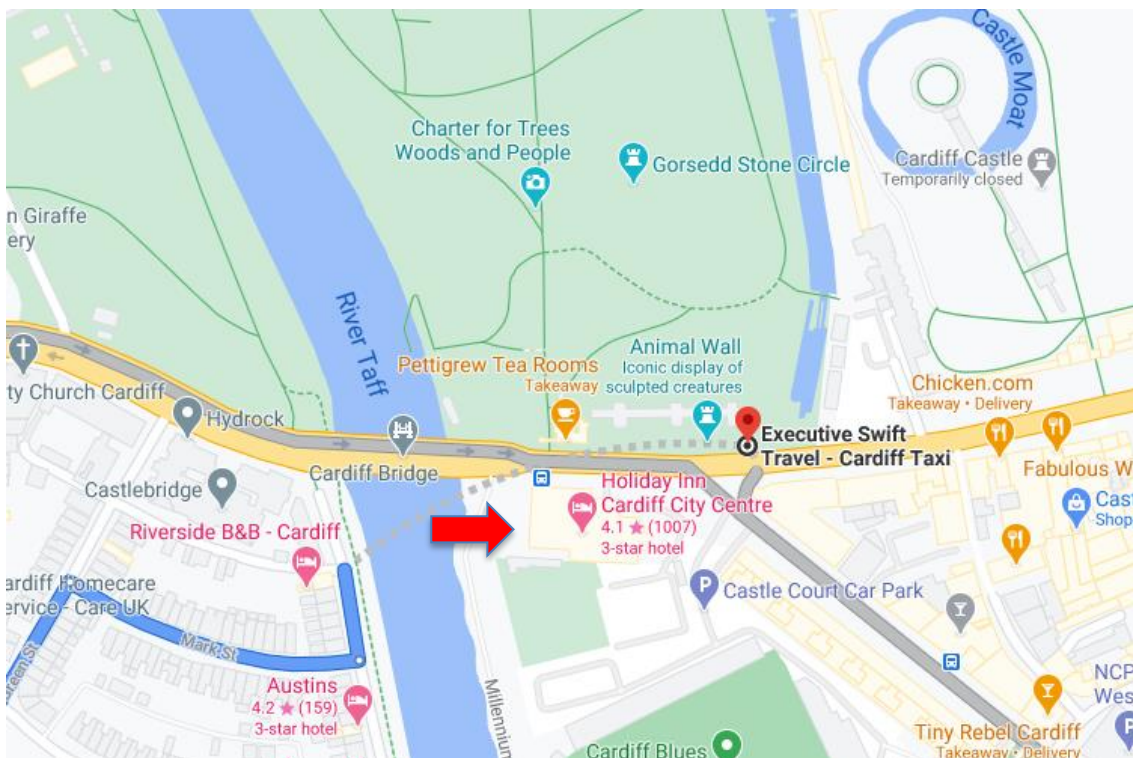
Castle Street, Cardiff, CF101XD

Tel: +44 (0) 2920 347207

The hotel is situated in the city centre of Cardiff. There is parking provided within the hotel at a daily rate. Please do not hesitate to contact the hotel with any queries.

Our contact at the hotel for our event is

Mr Tommy McFarland. +44 (0) 2920 347207



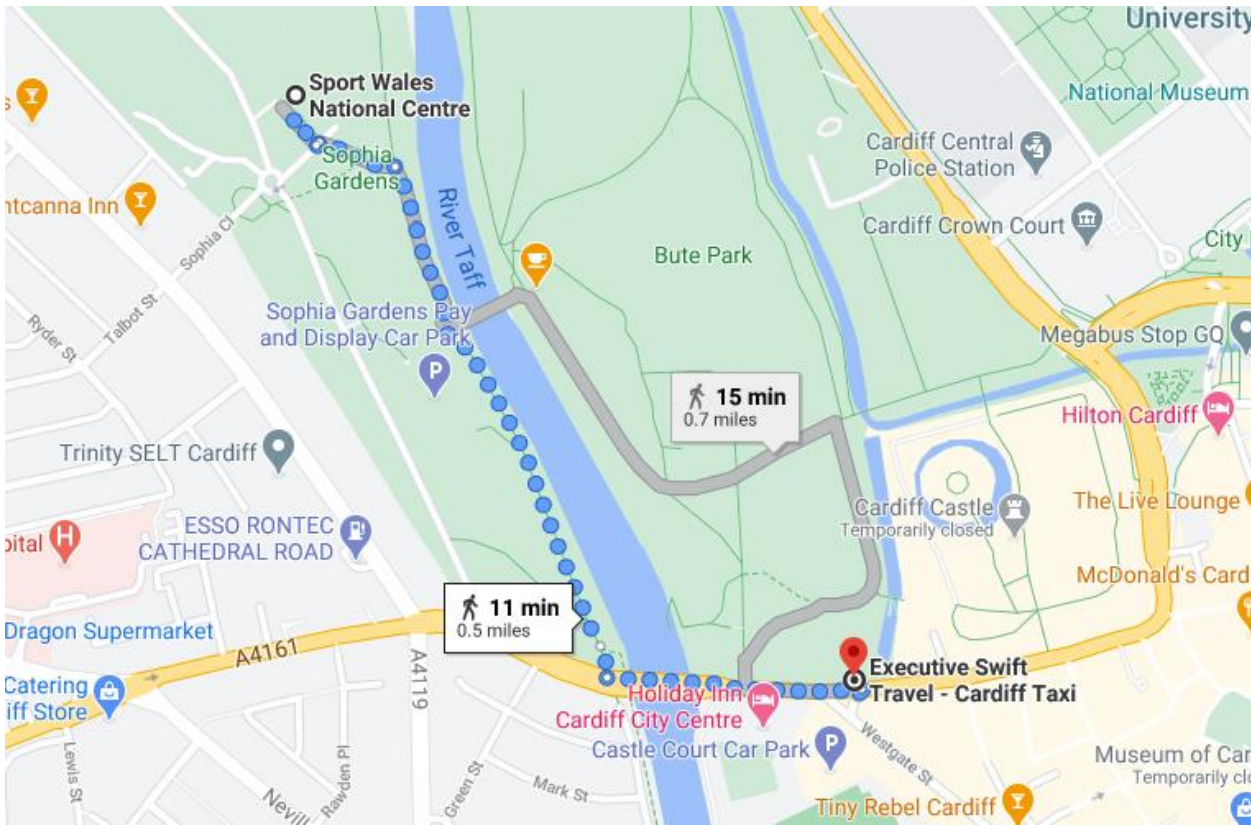
The Sport Wales National Centre

Sophia Close, Cardiff, CF11 9SW.

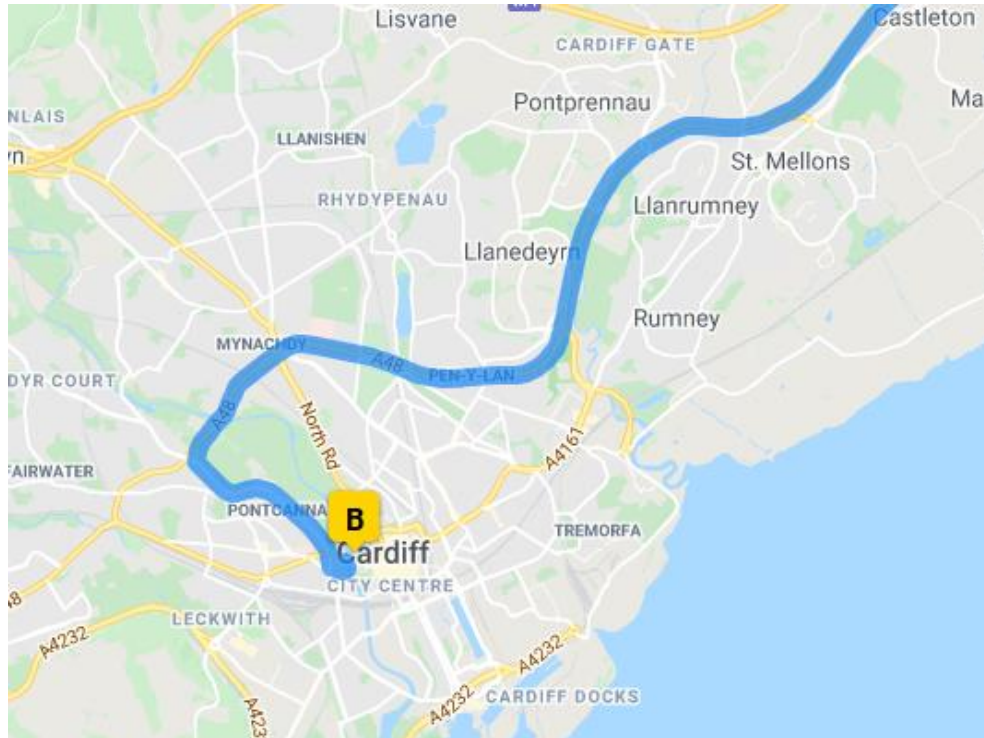
Tel: +44 (0) 3003003123

The building itself which has hosted National competitions on previous occasions, has ample parking available, and a cafe/restaurant located on the second floor. The venue is a 3-minute drive from the city centre and a twenty-minute walk from Cardiff Central train station.

This map shows directions on foot from the National Sports Stadium to the Holiday Inn Hotel.



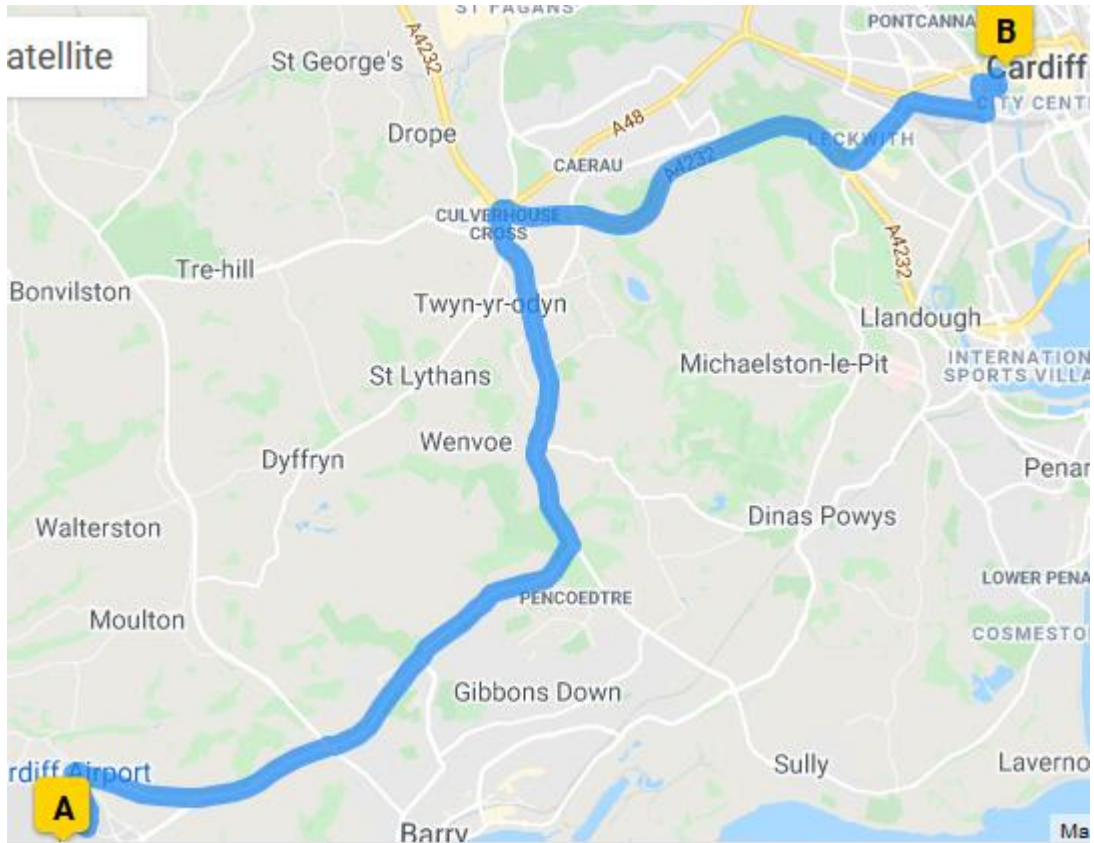
For people travelling by car the map below shows directions from the M4, Junction 30 A48 entrance to Cardiff from Newport



This map below shows directions by car from Cardiff Central Train Station



For those coming from Cardiff Airport this map below highlights directions to the venue



Alternative Accommodation

Here is a list of accommodation within walking distance to the venue.

Beverley Hotel 75 Cathedral Road 0292034 3443

Church Guest House 109 Cathedral Road 0292034 0881

Crowndale Hotel 58 Cathedral Road 0292034 4060

Dexby Town House 126 Cathedral Rd 0292034 0882

Georgian Hotel 179 Cathedral Road 0292023 2594

The Town House 70 Cathedral Road 0292023 9399

Hotels further a-field: -

Angel Hotel Castle Street, Cardiff 0292064 9200

Cardiff Marriott Mill Lane, Cardiff 0292039 9944

Park Inn Circle Way East, Llanedeyrn 0292058 9988

Express by Holiday Inn Atlantic Wharf, Cardiff Bay 0292044 9000

Hilton Cardiff Kingsway, Cardiff 0292064 6300

There are also Premier Inns all within 4 miles of the city centre, with easy transport routes to both IIC venues.

Premier Inn Cardiff City Centre

<https://www.premierinn.com/gb/en/hotels/wales/glamorgan/cardiff/cardiff-city-centre-queen-street.html>

Premier Inn Cardiff City South

<https://www.premierinn.com/gb/en/hotels/wales/glamorgan/cardiff/cardiff-city-south.html>

Premier Inn Cardiff North

<https://www.premierinn.com/gb/en/hotels/wales/glamorgan/cardiff/cardiff-north.html>

Some places to eat out whilst in Cardiff

The Brewhouse and Kitchen – Gastro Pub

(which can be found opposite the Venue)
Cathedral Road
Cardiff
Tel 029 20371599

Elgano Hotel – Italian Restaurant

58 Cathedral Road
Cardiff CF11 9LL.
TEL: 02920 344060

The Cricketers – Townhouse Pub Real Ales and Welsh Food

66 Cathedral Road
Cardiff
Tel 029 20345102

The Cinnamon Tree – Indian Restaurant

173 Kings Road
Pontcanna
Cardiff
Tel 029 20374433

The Smoke House – American style food **HIGHLY RECOMMEND**

77 Pontcanna Street
Cardiff CF11 9HS
TEL: 029 2034 4628

Other Information

Please note that an information desk will be available throughout the event staffed by Cardiff North Taekwon Do UKTA students, at the National Stadium. They will be able to provide you with general information about the weekend (directions and transport information).

We hope you enjoy your stay in our wonderful city, enjoy this precious time together that we have all missed, in celebrating the 55th Anniversary of the ITF.

Yours in Taekwon Do.

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