

DEMONSTRATION (Sibum)

The purpose of the demonstration is to introduce the dynamic power, skill and graceful movements possessed by the demonstrators. It also assures spectators that anyone, regardless of age or sex, can learn and develop such techniques.

Emphasis should be placed on the following points during the demonstration:

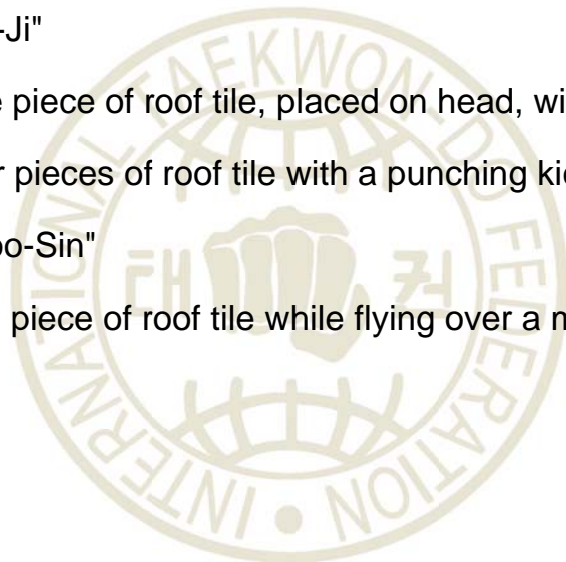
1. The meaning and purpose of each technique should be explained in detail.
2. Some particular self-defence techniques and model sparring should be repeated in slow motion for the spectator to understand both the method and purpose of the movements.
3. Since a Taekwon-Do expert should use this technique reflexly in combat, every technique should be performed in front of the spectators immediately without the benefit of rehearsal.
4. Breaking materials such as boards, bricks or roof tiles should be hard enough that an ordinary person would find it almost impossible to duplicate the student's technique. Breaking with the forehead is absolutely prohibited in Taekwon-Do.

The following is one of the programs presented by a Taekwon-Do team during a tour through Europe, Africa, Middle East and South East countries in 1965.

SAMPLE OF A PROGRAM

No	Item	Demonstrators
1.	Smash one piece of tile with a flying high kick	6th Degree Han Cha Kyo
2.	Fundamental movements	5th Degree Kim Jun Kun
3.	Pattern "Chon-Ji"	5th Degree Kwon Jai Hwa
4.	Model sparring	5th Degree Park Jong Soo
5.	Smashing 15 pieces of roof tile with the forefist	
6.	Pattern "Hwa-Rang"	
7.	Free sparring	
8.	Smash one piece of brick with a knife-hand	
9.	Split three pieces of 3-centimeter board with a side kick	
10.	Pattern "Ge-Baek"	
11.	Free sparring	
12.	Smash one piece of roof tile with a footsword while flying over the shoulders of two standing men	
13.	Smash two pieces of roof tile with a flying front and turning kick	
14.	Self-defense techniques (Releasing from a grab)	
15.	Pattern "Po-Eun"	
16.	Foot technique sparring	
17.	Split two pieces of 3-centimeter board with a mid-air kick	
18.	Free sparring, one student against two opponents	
19.	Self-defense techniques	

20. Split two pieces of 3-centimeter board with a turning and reverse turning kick
21. Self-defense techniques (defense against a bayonet and dagger)
22. Split one piece of 2-centimeter board with flat fingertips
23. Pattern "Choi-Yong"
24. Split two pieces of 3-centimeter board while flying over nine persons
25. Smash one piece of roof tile, placed on head, with a flying twisting kick
26. Split two pieces of 3-centimeter board with a back fist
27. Pattern "Ul-Ji"
28. Smash one piece of roof tile, placed on head, with a flying turning kick
29. Smash four pieces of roof tile with a punching kick (forefist and foot)
30. Pattern "Yoo-Sin"
31. Smash one piece of roof tile while flying over a motorcycle



SAMPLES OF BREAKING TECHNIQUES

Breaking itself is not Taekwon-Do, as most people misunderstand it to be. The real purpose of destruction in demonstrations is to prove the power of each blow not only to the spectators but to the student as well.

It is both foolish and dishonest to use tricks in breaking techniques. Certainly an unaware audience will be impressed if a stone is broken by supporting one end with the other hand, smashing bricks which are notched or boards that have been narrowed down or dried in an oven. In reality, however, such a demonstrator is only fooling himself.

SAMPLES OF SPECIAL TECHNIQUES

Their purpose is to demonstrate the ability to attack opponents accurately beyond obstacles or at a distance rather than proving the power.