CZECH OPEN 2020
28th February - 1st March / Nymburk

4 Disciplines
(Patterns, Sparring, Power, Special Techniques)

... And after 18 years again in the Czech Republic

European Taekwon-Do Championships
April 20 - 26, 2020
TipSport Arena Prague

www.taekwondo.cz
CZECH OPEN 2020

„EITF A-Class tournament“ propositions

Date: 28th February – 1st March 2020

Place: The Sport Centre Nymburk, Sportovní 1801/2, Nymburk

Organizer: Czech Taekwon-Do Federation ITF

Head umpire: Bc. Jiří Teslík tel. +420 608 367 368, jiri.teslik@gmail.com

Tournament director: Ing. Kamil Šamal tel. +420 774 745 306, kamil.samal@gmail.com

Accommodation: Soňa Weigertová tel. +420 774 804 901, sona.weigertova@seznam.cz

Applications: Applications are on-line through http://czechopen.applicationdata.eu. Ask for your school LOGIN and PASSWORD first by email to ivan@rajtr.cz. Deadline is on Monday 24th February 2020 at 22:00. (After deadline we cannot guarantee start at the competition.).

Referees register on-line till Monday 17th February 2020 at 22:00.

Accommodation and food: Subjects fill the accommodation form according to paragraph X of this propositions. The order of accommodation and food will be mailed to sona.weigertova@seznam.cz till Monday 17th February 2020 at 22:00.

Starting fee: 25 Euro for 1 competitor / 50 Euro for 1 competitor after deadline.

Registration, Weighing: On Friday 28th February 2020 from 3 p.m. to 7 p.m. at the place of sports centre. In case of late come, the competitors are not guaranteed to be registered for the competition. The coach must attend registration and the weighing. Every subject can nominate up to 2 competitors for Tukgi and Wiryok in appropriate group and category. There are no competitors limit in Patterns and Matsogi.

On Saturday 29th February 2020 from 5 p.m. to 6 p.m. there will be an extra junior weighing for the Sunday’s competition. There will be NO POSSIBILITY to change the category!
PRELIMINARY COMPETITION’S SCHEDULE

Friday, February 28th
15:00 – 19:00 registration, weigh-in, accommodation
20:30 – 21:00 coach meeting

Saturday, February 29th
07:30 – 08:00 Entering hall
08:00 – 08:25 Umpire meeting
08:30 start of 1st day of competition (younger and older youth & adult male and female)
cca 15:00 awarding the best competitor - younger youth male and female, adult male
17:00 – 18:00 additional weighing for juniors
cca 22:00 awarding the best competitor – older youth male and female, adult female

Sunday, March 1st
07:30 – 08:00 Entering hall
08:00 – 08:30 umpire meeting
08:30 start of 2nd day of competition (younger and older junior male and female)
17:00 awarding the best competitor – older and younger junior male and female
awarding the best clubs

PROPOSITIONS

I. Divisions individuals

II. Groups

<table>
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</thead>
<tbody>
<tr>
<td>y.y.</td>
<td>8.k-l.dan</td>
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<tr>
<td>o.y.</td>
<td></td>
<td>8.kup – l. dan</td>
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<tr>
<td>y.j.</td>
<td></td>
<td></td>
<td>8.kup - ll. dan</td>
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<tr>
<td>o.j.</td>
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<td>8. kup – III.dan</td>
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<td></td>
<td>8.kup - VI.dan</td>
</tr>
</tbody>
</table>

The technical degree of the competitor must be according to the highest technical degree.

Juniors born in 2002, who reach the age of 18 on the date of competition (28. 2. 2020), may choose in an online registration, if they want to start in a junior OR adult category.

III. Disciplines and Categories

<table>
<thead>
<tr>
<th></th>
<th>TUL</th>
<th>MATSOGI</th>
<th>TUKGI (6.k+)</th>
<th>WIRYOK (6.k+)</th>
<th>HOSINSOOL</th>
</tr>
</thead>
<tbody>
<tr>
<td>y./o. youth fe/male</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
<td>NO</td>
<td>NO</td>
</tr>
<tr>
<td>y./o. junior fe/male</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
<td>NO</td>
<td>NO</td>
</tr>
<tr>
<td>adult fe/male</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
<td>NO</td>
</tr>
<tr>
<td>Veteran fe/male</td>
<td>NO</td>
<td>NO</td>
<td>NO</td>
<td>NO</td>
<td>NO</td>
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</tbody>
</table>
Propositions

**Discipline TUL (Patterns)**

<table>
<thead>
<tr>
<th></th>
<th>8 + 7</th>
<th>6 + 5</th>
<th>4 + 3</th>
<th>2 + 1</th>
<th>I.</th>
<th>II.</th>
<th>III.</th>
<th>IV.</th>
<th>V.</th>
<th>VI.</th>
</tr>
</thead>
<tbody>
<tr>
<td>y.yout</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>o.yout</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>y.jun</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>o.jun</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>adult</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
</tr>
</tbody>
</table>

**elimination:**  1 designated pattern *(from Chon-Ji to next examination included)* for all kups,
1 optional (one by one) and 1 designated pattern (together) for all technical degree DAN

**final:**  1 optional *(kup: next exam.; DAN: next exam.)* and 1 designated pattern (together)

*According to ITF rules designated pattern will be chosen from Chon-ji to next examination and optional pattern must be chosen only from next examination. Another pattern will be awarded by zero. All technical degree DAN perform optional pattern one by one, designated together from the 1st round up to final.*

*All kups must choose optional pattern (finals only) only from next examination and designated pattern will be chosen from Chon-ji to next examination! (kup performs both patterns together all the time).*

**Example:**

<table>
<thead>
<tr>
<th>Example:</th>
<th>Optional</th>
<th>Designated (los)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. DAN</td>
<td>Kwang-Gae - Ge-Baek</td>
<td>Chon-Ji - Ge-Baek</td>
</tr>
<tr>
<td>1. kup</td>
<td>Hwa-Rang / Chong-Moo</td>
<td>Chon-Ji - Chong-Moo</td>
</tr>
</tbody>
</table>

**Discipline MATSOGI (sparring)**

Discipline is for competitors with 2. kup and higher.

Competitors with 4. and 3. kup can compete, however, they must be aware that rules are for the 2. kup and higher and they accepted the rules *(“compulsory spin kicks” will be applied, it means the jumping spinning kicks with at least spin of 180° and more for each round. The rule will not be applied for younger and older youth).*

**Safety Equipment**

Each competitor must have head and shin protector.

*Each competitor (except youth) must have a 10 oz gloves and foot protectors of blue or red color (according to the ring side).*

**Weight categories**

- younger youth male, female: -25, -30, -35, -40, +40 kg
- older youth male: -35, -40, -45, -50, -55, -60, +60 kg
- older youth female: -30, -35, -40, -45, -50, -55, +55 kg
- younger junior female: -40, -45, -50, -55, -60, -65, +65 kg
- younger junior male: -45, -50, -55, -60, -65, -70, +70 kg
- older junior female: -40, -46, -52, -58, -64, -70, +70 kg
- older junior male: -45, -51, -57, -63, -69, -75, +75 kg
- adult female: -47, -52, -57, -62, -67, -72, -77, +77 kg
- adult male: -52, -58, -64, -71, -78, -85, -92, +92 kg
**Match length**

Elimination and final:  
- younger and older youth  
  2 x 1 minutes (netto time)  
- younger and older juniors and adults  
  2 x 2 minutes (netto time)  
- pause within round:  
  30 seconds

**System of the competition**

*Group system* will be used for all *juniors and older* (2 rounds groups/finals)

*Elimination system* will be used for all *youth* age categories (2 rounds elimination/finals).

**Discipline TUKGI (special techniques)**

Discipline is for competitors with 6. kup and higher.  
Competitors with 6. - 4. kup can compete only with techniques nopi, dollyo a nomo. 
Each subject can nominate at most 2 competitors for each category.

*A nomination technique will be used according to competitor’s choice and will be announced by coach at the registration.*

*For younger youth male and female* will be used target instead of a board. For a techniques dollyo and nopi will be a foam stuck to the board for a greater safety of the competitors. Scoring for younger youth is 3 points even if they only touch with a correct striking area or 0 points.

Heights are measured at centre of board.

<table>
<thead>
<tr>
<th>TUKGI</th>
<th>Nopi</th>
<th>Dollyo</th>
<th>Dolmyo</th>
<th>Bandae</th>
<th>Nomo</th>
</tr>
</thead>
<tbody>
<tr>
<td>y. youth male</td>
<td>175</td>
<td>170</td>
<td>-</td>
<td>-</td>
<td>110/50</td>
</tr>
<tr>
<td>y. youth female</td>
<td>165</td>
<td>160</td>
<td>-</td>
<td>-</td>
<td>100/50</td>
</tr>
<tr>
<td>o. youth male</td>
<td>210</td>
<td>200</td>
<td>-</td>
<td>-</td>
<td>120/70</td>
</tr>
<tr>
<td>o. youth female</td>
<td>200</td>
<td>190</td>
<td>-</td>
<td>-</td>
<td>110/70</td>
</tr>
<tr>
<td>y. junior male</td>
<td>230</td>
<td>220</td>
<td>210</td>
<td>210</td>
<td>160/70</td>
</tr>
<tr>
<td>y. junior female</td>
<td>210</td>
<td>200</td>
<td>180</td>
<td>180</td>
<td>130/70</td>
</tr>
<tr>
<td>o. junior male</td>
<td>270</td>
<td>240</td>
<td>230</td>
<td>230</td>
<td>250/70</td>
</tr>
<tr>
<td>o. junior female</td>
<td>220</td>
<td>210</td>
<td>200</td>
<td>200</td>
<td>150/70</td>
</tr>
<tr>
<td>adult male</td>
<td>280</td>
<td>250</td>
<td>240</td>
<td>240</td>
<td>270/70</td>
</tr>
<tr>
<td>adult female</td>
<td>230</td>
<td>220</td>
<td>210</td>
<td>210</td>
<td>170/70</td>
</tr>
</tbody>
</table>

**Discipline WIRYOK (power breaking)**

Discipline is for competitors with 6. kup and higher.  
Competitors with 6. - 4. kup can compete only with techniques ap joomuk, sonkal, yop chagi a dollyo chagi. 
Each subject can nominate at most 2 competitors for each category.
A nomination technique will be used according to competitor’s choice and will be announced by coach at the registration.

<table>
<thead>
<tr>
<th>WIRYOK</th>
<th>Ap joomuk</th>
<th>Sonkal</th>
<th>Balkal</th>
<th>Bal ap kumchi</th>
<th>Bal duit chuk</th>
</tr>
</thead>
<tbody>
<tr>
<td>adult male</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>adult female</td>
<td>-</td>
<td>1,5</td>
<td>3</td>
<td>2</td>
<td>-</td>
</tr>
</tbody>
</table>

IV. Rules
The competition will be conducted according to the ITF rules, and modifications in this propositions.

V. Protest
Protest against umpire’s decision can submit only coach and must be done with a valid procedure (announce immediately after the match and delivered to the appropriate ring on the form no later than 5 minutes after receiving the form), with a deposit of 50 Euro to the chairman of the jury. Subsequently, the protest will be discussed and resolved by the Umpire Committee.

VI. Referees
The registration of the referees for the competition is carried out with the knowledge of the head coach separately, independently on the individual application form and only through the link "referee registration" below or also in the calendar of the Czech NGB. The complete number of referees for this competition is 60 at max.

REFEREE REGISTRATION HERE

The Jury for A-Class tournaments is subjected to EITF. The maximum number of referees counts 60. The competition can be covered by national (up to 50%) and international referees from Czech Republic and from abroad. The list of registered and confirmed invited referees will be continuously reviewed on the link below or also in the calendar of the Czech NGB.

LIST OF REGISTERED REFEREES (check)

Meal will be provided to all registered referees through a whole day when they will arbitrate. Those referees who one day compete may ask for a free dinner the day before their arbitration (Fri/Sat).

Accommodation will be secured and paid to those invited referees who ask for it in an online application. Referees will be preferably accommodate in SC Nymburk. Referees may secure an accommodation together with their club or alone. All the accommodation costs appropriate to SC Nymburk will be paid to each subject during registration.

Invited referees who arbitrate for one day and one day compete will have covered accommodation and meal costs for a one day (plus extra dinner). If they are interested they may be accommodated together with their club (receive one-night contribution) or can stay in the hotel chosen by the organizer for both days (will pay one night).

Referees obligations. Referees have to be dressed by official ITF rules and have to be available in sport hall according to the commands of the head referee and be able to arbitrate. Competitors may arbitrate as well in days when there is no listed their age category. Failure to comply with the above may result in a reduction or not paying the arbitration reward.
VII. Trophies

Competitors placing 1st, 2nd and 3rd place will be awarded medals. The most successful competitors from each category will be awarded a trophy, as well as the most successful club of Czech OPEN 2020.

VIII. Remaining

Registration and payments

Accommodation and meal for registered and confirmed referees is automatically ordered and paid by federation (if the referee does not reject it in registration, one day referees follow VI. of this propositions)

Registration consists of:

a) Check of application
b) Pay of starting fee
c) Pay of accommodation and meal
d) refunds / referees payment, whose are concerned (follow VI. of this propositions)
e) weighing competitors for matsogi (independent on other actions)

The payment is possible in cash or by credit card.

Change in starting list

Every change in starting list (e.g. incorrect categorization of competitor etc.) after a coach meeting is charged with 50 Euro.

Doping

The head coach guarantee that each competitor of his is familiar with the content of Guidelines for the fight against doping within the system of all competitions of the Federation.

IX. Accommodation

Accommodation and meal is order for you by competition department of our federation. Fill in the form for accommodation and meal and you will be given one of booked hotels in Nymburk. The meal is provided in SC Nymburk. The accommodation price varies is 28 Euro per person per night. The price of one meal is (lunch, dinner) 6 Euro. All will be paid at the registration. In case of not occupy the announced number of accommodation and meal, you will be charged 100% storno fee. In case that subject will no send filled form, they will not be provided with accommodation and food.

Contact person for accommodation and food:
Soňa Weigertová, tel.: +420 774 804 901, e-mail: sona.weigertova@seznam.cz

We are looking forward to you!

Czech Open is included into the rank of EITF A class tournaments and the part of the Czech Taekwon-Do ITF national team’s schedule!
LIABILITY WAIVER:

I, the undersigned hereby confirm the following:

- I have adequate Medical insurance to cover the participation of my team during this event.
- I, the undersigned, do hereby declare that my team are in good physical and mental condition and we have not suffered from any injury, infection or disability liable to affect our capacity to compete in the current ITF event.
- I declare that the team are physically fit, have sufficiently prepared, and trained for participation in this event and have not been advised to not participate by a qualified medical professional. I declare that there are no health-related reasons or problems which preclude our participation in this activity.
- I release the event promoter, ITF, ITF Leadership, ITF standing committees and ITF NGB’s members its servants/agents and umpires/referees from any claims and any loss, damage sustained while participating in the above mention event.
- I understand, and I am fully aware that my team are participating in a contact sport and may, in the normal course of events, sustain an injury while competing.

I also agree that our attendance and or performance may be photographed, filmed or taped and used by ITF, event promoter and/or their respective authorized agents. I waive any compensation thereof.

I hereby undertake and agree to abide all ITF Rules and Regulations including WADA Anti-Doping rules and agrees to be tested if requested to do so.

I will treat all the competitors, officials and referees with, Respect, Integrity, Fair Play and Honour.

I declare to have read and understood the content of this document and I sign it of my own free will.

Place:_________________ Date: ___________________ Signature: __________________