1. PRESIDENT’S ACTIVITIES

- On the occasion of 9th November, day of birth anniversary of our beloved general Choi Hong Hi, founder and first president of ITF, Prof. Dr. Chang UNG sent a reminding message to the address of all ITF family members. In this message, he stated that times flown so far witnessed with deep emotion giant achievements that a man could have realized during his whole life quoting a Korean old saying that a tiger leaves leather when it dies while a man leaves his name. General Choi Hong Hi dreamt big and achieved big. He continued that his great personality will continuously inspire all of us to go ahead in defiance of all challenges.

- Prof. Dr. Chang, ITF President sent an invitation letter to the address of all ITF EB members to take part at the 1st round EB meeting which will take place in Pyongyang, DPR of Korea, next year 2015 from the 10th to 15th April. This EB meeting which will coincide with 60th anniversary of our Taekwon-Do will draw up all the activities that ITF would have carried out since the 24th ITF Congress which was held on 6th August 2014 in Dushanbe Tajikistan and present future guidelines of ITF.

- Prof. Dr. Chang arranged some important appointments on the occasion of “International forum of Independent Sport Federations of Sport Accord” held in Lausanne from 3rd to 5th November 2014. He respectively met Dr. Choue Chungwon, WTF President, Mr. Jose PERURENA, President of World Games Committee, Mr. Marius Vizer, President of Sport Accord and Mr. Kit McConnell, IOC Director of Sports. They discussed matters of bilateral and multilateral interests in a productive and friendly atmosphere.

- On a recent visit to Zagreb (Croatia), Prof. Dr. Chang UNG, ITF President and IOC member, and Choue Chungwon, President of the World Taekwon-Do Federation were received by the President of Croatia, Ivo Jocipovic, at the
President Palace on 15th November 2014. They discussed the Olympic and Sports Movement in Croatia and across the world. Prof. Chang also met in person Dr. Choue again in terms of good continuation of Nanjing Agreement.

2. TAEKWON-DO TOURNAMENTS

- **RIGA OPEN 2014** was held in Riga, LATVIA on 27th September 2014.

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<th>Position</th>
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<td>1</td>
<td>Katran</td>
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-5TH SOUTH AMERICA TAEKWON-DO GAMES

The V South American Taekwon-Do Games ITF was concluded with great success, in the beautiful city of Fortaleza - Brazil from 29th of October to 2nd of November of 2014. The 5th South American Congress was convened under the presence of all NGBs in the region. The Congress dealt many important matters, especially the participation of all NGBs at the 19th ITF World Taekwon-Do Championship which will be held in Pyongyang, DPR of Korea next year 2015 and accepted Peru NGB's hosting proposal of the next Pan-American Taekwon-Do Games. Following is the integral text of a letter drafted by Teodosio Riveros, President ITF Brasil NGB.

Dear Doctor and Professor Chang Ung,
It is a great honor to inform you how great was the 5th South American Games hosted at the city of Fortaleza, Brazil, from 29th October to 2nd November.
Since the last competition in 1997 at the city of Cabo Frio, State of Rio de Janeiro, that we hadn’t a huge Taekwon-Do event as this one in 2014.
Argentina, Colombia, Paraguay, Peru, Chile, Bolivia and Brazil attended this games, organized by Brazil NGB.
Among those guests were also present the leadership of SGM. Adolfo Villanueva, representing PANAM Council as its President, and SM. Osvaldo Rios Olivero, representing South American Taekwon-Do as its President, and other NGBs, Senior Masters and Masters.
There were 400 competitors and a great public supporting the games. The ITF tenets and principles were shown during the competition, enlightening ITF in Brazil.
Fortaleza also hold the 5th South American Congress when important themes were discussed, as the professionalization of referees, just to point one.
Attached we are sending some photos taken during this magnificent event.
We send our higher considerations to you, sir, and wish the best to ITF under your presidency.
Yours in Taekwon-Do.

Teodosio Riveros
President
NGB Brasil ITF
**13th Senior and 8th Junior National ITF Taekwon-Do Championships in Nepal**

Nepal ITF's 13th Senior and 8th Junior National ITF Taekwon-Do Championships held in Mid-western region at Banke, Nepalgunj on 18-20 October 2014 have been concluded with grand success under the presence of 120 players from 5 regions including Nepal Armed Police force.

Deputy Inspector general of Nepal Police Keshar Bahadur Shahi, Senior Superintendent of Nepal Police Rajendran Shrestha, Nepal Army Colonel Mindwaj Khadka, Nepal armed police force officers, Local politician leaders, Local sports personalities, Local sports Journalist, Nepal ITF Acting president Anju Nath Shrestha, Vice-president Anjan Dhamala as well as executive committee members officials honoured the Championships by their presence.
-9TH GENERAL CHOI HONG HI CUP

9th General Choi Hong Hi Memorial National ITF NEPAL TKD Championship was held in Baglung, Nepal 27-29 November. 2014.
Nepal ITF’s 9th General Choi Memorial National ITF Taekwon-Do Championship has been concluded at Baglung Western Region Nepal with great success. The Event was organized by Nepal ITF Black belt Committee and Baglung ITF Taekwon-Do Association.

-BULGARIA OPEN

Bulgaria Open was held under the presence of 41 clubs with over 350 participants from Bulgaria, Greece, Slovenia, Serbia, Bosnia and Herzegovina, and FYR Macedonia. SM. Michael Prewett, President of the EITF, SM. Gary Miller, EITF Umpire committee’s Vice-President, Master Emin Durakovich, EITF Umpire committee Vice-President and Mr.Tomas Kos, treasurer of EITF joined the event as Special guests.
2014 PROFESSOR CHANG UNG CUP - ITF OPEN INTERNATIONAL CHAMPIONSHIP

The 2014 Professor Chang Ung Cup was held at Meadowbank Sports Centre, Edinburgh, Scotland, on Sunday 2nd November 2014. The UKTC Executive Board, Grand Master Harkess, Senior Master Campbell, and Master Rooney congratulated all the competitors who took part and thanked all the spectators for their support as well as the Umpires for their assistance. Special thanks were expressed to all friends who travelled from afar; the Netherlands, Northern Ireland, and England, for helping to make the competition a truly outstanding international event. For the first time in this event, a team representing the British Army participated. The Overall Champions were as follows;
Black Belt Adult Female - Sarah McMahon (Scotland)
Black Belt Junior Female (14-17 Years) - Emma McKee (Scotland)
Black Belt Junior Female (10-13 Years) - Taylor Jackson (Scotland)
Colour Belt Adult Female - Christianna Pillibiet (British Army)
Colour Belt Junior Female (14-17 Years) - Freya Nicol (Scotland)
Colour Belt Junior Female (8-13 Years) - Morgan McEwan (Scotland)
Black Belt Adult Male - Alan Rafferty (Scotland)
Black Belt Junior Male (14-17 Years) - Sam Haugh (Scotland)
Black Belt Junior Male (10-13 Years) - Kade Williams (Scotland)
Colour Belt Adult Male - Andrew Ure (Scotland)
Colour Belt Junior Male (14-17 Years) - Dave Dekkers (The Netherlands)
Colour Belt Junior Male (8-13 Years) - Cody Fyffe (Northern Ireland)
-SGM. BENNY RIVERA MEMORIAL CUP

First SGM. Benny Rivera Memorial Cup Puerto Rico was held on 22\textsuperscript{nd} – 23\textsuperscript{rd} November 2014.
Master Jose Garcia expressed sincere thanks to SM. Raul H. Bonilla from Honduras, SM. Walter Zdeb from Canada, Sabum Javier Montero from USA, Sabum Rafael LLowadel from Dominican Republic and all the instructors from Puerto Rico for their supports which made the First SGM. Benny Rivera Memorial Cup a great success.
3. INTERNATIONAL TECHNICAL SEMINARS

-SGM. Adolfo Jesus Villanueva, President of PANAM, arranged an International Seminar in Santo Domingo, Dominican Republic on 26th and 27th September under the presence of representatives from 10 countries of the region. The seminar was concluded with resounding success in terms that it reviewed the whole process of ITF strong development in the region
during past decades while recognizing its actual weakness from which all participants agreed upon the necessity of reflecting over new strategies for the regaining of ITF impact forces. Philosophy of Taekwon-Do, dissemination and growth of each Taekwon-Do school, teaching method of Taekwon-Do, importance of the role of mass media and ITF were also dealt as main themes of the Seminar. All NGBs are duly requested to take part in the next ITF World Championship which will be held in Pyongyang, DPR of Korea. SGM. Adolfo Villanueva assessed personally this seminar, his first experience, as an absolute success deeply imbued with respects, interests and involvement of each of all participants, expressing his sympathy for the PANAM and ITF.

- **An International Technical Seminar** was conducted by SGM. Kim Ung Chol, at Los Barrios, Cadiz, Spain from 10\(^\text{th}\) to 12\(^{\text{th}}\) October 2014.
A high professionalism and technicality of Taekwondo techniques and skills were main aspects of the seminar thus satisfying overwhelmingly the importance of its participation figure.

-AANTA National Technical Seminar- was held in Baba Amir Hotel Taimani-Kabul, Afghanistan on Thursday 30th of October 2014. The seminar was conducted by Mr. Noorullah Shirzai 4th Dan ITF Certified founder of Taekwon-Do Schools Affiliated to the UKTC as well as a member School of British Taekwon-Do Council and Technical Advisor of All Afghanistan National Taekwon-Do Association ITF. The All Afghanistan National Taekwon-Do Association ITF Black Belt Instructors from 1st Degree to 4th Degrees only from Kabul, the capital city of Afghanistan attended to this Seminar.

The Seminar started with a warm up followed by basic kicks, and patterns from Saju Jirugi to Ge- Baek with detailed explanation.
The Chief Guest of Honor were H.E Mr. Hedayatullah Yahya, Chief Executive Officer of Afghan United Bank and H.E Mr. Ramazan Jumazada, Member Parliament of Afghanistan. The Seminar was sponsored by Afghan United Bank and was broadcasted by National TV, 1 TV, AryanaTV, 3 Sports TV, Khurshid TV, Mitra TV, Nigha TV.
4. INTERNATIONAL INSTRUCTOR COURSE & INTERNATIONAL UMPIRE COURSE

The “International Instructor Course” & “International Umpire Course” which was held for six days (18-21st SEP 2014 & 11-12 NOV 2014) were concluded successfully under the guidance of Senior Grand Master LEONG WAI MENG, Vice-President of ITF assisted by Senior Master RAJENDRAN BALAN, President of TAI at Goa & New Delhi.
5. AANTA DEMO TEAM performance

The All Afghanistan National Taekwon-Do Association ITF Demonstration Team Demonstrated among 1440 Audience in Mumtaz Mahal Hotel Kabul, Afghanistan on 23-Oct-2014 for the purpose of promotion of ITF TKD in Afghanistan.
6. VISIT

- On 23rd - 25th October 2014- Her Royal Highness the Crown Princess Mary of Denmark visited Tajikistan as the Patron of the two UN sister agencies: WHO Regional Office for Europe and United Nations Population Fund (UNFPA). As part of her three-day official visit, Her Royal Highness the Crown Princess Mary paid a visit to the National Taekwon-Do and Kickboxing Federation (NTF), the partner of UNFPA CO Tajikistan. In the course of her discussion with Mr. Mirsaid Yakhyaev, the President of the NTF, UNSG Goodwill Ambassador, issues of gender-based violence in Tajikistan and ways to address violence against girls and women were discussed. Remarkably, after meeting with and talking to the girls and boys taekwondists, HRH Crown Princess praised the rich experience of collaboration and partnership gained by the National Taekwon-Do and Kickboxing Federation and called upon UNFPA and other partners to facilitate sharing this experience at national and international levels as one of the most innovative and inspiring best practices.
- Martin Zamecnik, Czech Taekwon-Do Federation ITF President and EITF Vice-President for South-West Region visited LITHUANIA with Sabum Prokes to conduct two days seminar free of charge for ITF promotion in the country. Taekwon-Do fundamental techniques and practices such as saju jirugi and saju makki along with ethics and etiquette in Dojang were explained to those who attended the seminar. Though it was just a first step for the creation of new ITF NGB in Lithuania, they made great for ITF promotion.

- SGM. Prof. Hwang Ho Yong, ITF SVP made an overall on the spot inspection seminar for newly formed Romanian Korean Martial Arts Sport Federation following the official invitation of the latter. His presence was of such great importance to thoroughly rebuild ITF in Romania.

7. UN ELIMINATION OF VIOLENCE AGAINST WOMEN DAY

Master Moulden was invited to present an introduction to practical ways women and children can protect themselves against physical abuse. Soroptimist is an International organisation and through international partnerships and a global network of members, Soroptimists inspire action and create opportunities to transform the lives of women and girls by: advocating for equity and equality; creating safe and healthy environments; increasing access to education; and developing leadership and practical skills for a sustainable future.
Accompanying Master Moulden was Sabum Rachenok Sec. General ITFT and student Matana Bunnag 1st Dan from the Bangkok branch. Master Moulden presented a short talk on how to avoid potentially violent situations and provided advice on how best to deal with a threatening person to minimize the risk of injury. He then with the assistance of Ms. Matana demonstrated several self defence techniques against the more common attacks such as wrist grabs, swinging punches and body grabs. In addition he showed methods to deal with weapons and multiple attackers.

A number of the participants were professionals in legal and academic fields who were interested in having Master Moulden repeat the presentation at their particular workplace. Several were mothers with school age children and they were keen to have Master Moulden conduct such a presentation at their child’s school.

The event certainly provided a high profile for the ITF in Thailand and hopefully future events will add members to our classes.
8. ALOE VERA

At the XV111 Taekwon-Do World Championships, we were pleased to launch The Natural World of Aloe Vera as our official Health, Wellbeing and Longevity Sponsor.

This is a wonderful opportunity, being health, financial gain and the opportunity to contribute to the good of many millions of Taekwon-do people and Taekwon-do organisations all over the world.

The Natural World of Aloe Vera is also donating a percentage of all sales to charity and so many will gain from this venture.

The range of Aloe Vera products are of the highest quality and all Australian grown and manufactured.

We would like then to encourage all our NGB’s to get involved. Each NGB is able to determine the best marketing strategies for their home County. By now you would have received initial communication from The Natural World of Aloe Vera. Our sponsor is dedicated to your success and will assist you to turn this opportunity into profitable venture.

9. IMGC: WKC

IMGC HQs informed, following the news from the WKC, that the 9th WKC World Championships for Juniors and Cadets, World Cup for Children, Open Championships for Seniors and the 2nd Panamerican Championship were successfully held in Oct. in Buenos Aires, Argentina. The 9th WKC World Championships for Juniors and Cadets, World Cup for Children and Open Championships for Seniors were successfully held from 10th to 12th October in Buenos Aires, Argentina. This was the first and only official WKC event that took place in South America in the 17 years of the WKC existence. The local organizer - Union Argentina de Karate (UAK) and its President, Mr. Nestor Parreño, did their best to organize these Championships in a wonderful location – La Matanza University Sport Hall. President Parreño and his team managed to bring some new federations from the region, that have never competed before in the WKC events like Peru, Dominican Republic and Colombia. The Championship was organized in a fantastic atmosphere in compliance with highest standards.
The 2nd Panamerican Championship took place on 9th October 2014 in Buenos Aires. 220 competitors from 8 countries took part in this Championship.

10. 2ND ITF WOMEN’S CONFERENCE

The 2nd ITF Women’s Conference will be hosted by the ITF Women’s Committee and Sabum Rachana Rajendran. It is open to female ITF black belt holders 16 years and above from all countries. Our Conferences offer unique opportunities for ITF women to discuss and share what is important to us. The 1st ITF Women’s Conference in Phuket, 2014, provided an excellent basis for realising our common goals. We discovered ourselves as strong and independent sisters with much in common and much to share. We have great support from ITF Headquarters and our dedication and determination give our Committee a valued reputation and respected voice. We agreed unanimously that a 2nd Conference was necessary and that the most urgent need from a humanitarian point of view is in teaching Self-Defence to disadvantaged and powerless women around the world.

Agenda - Self-Defence and Empowerment
Friday 10th July - arrival and transportation to hotel
Saturday 9am - Regional/National Activity Reports - please indicate on the registration form if you will be presenting a short report for your region.
10am - Discussion of aim: the formulation of programmes for teaching self-defence
- multiple levels, different needs, practical ideas and sharing of skills. Emphasis on initial confidence-building and self-empowerment strategies for victims of abuse and disempowered women.
11.30am - Empowerment workshop
1-2pm Lunch
2pm Empowerment workshop grounded in moral culture of TKD
and self-defence workshop
Sunday 9am-12pm- Self-defence workshop
12pm-1pm - Discussion.
Enquiries and requests regarding the agenda should be forwarded by 31st February to Senior Master Linda Low: linda.low@bigpond.com

Accommodation
We can reserve accommodation for 2 delegates from each country. If you require accommodation for more than 2 delegates, we will welcome this but please reply EARLY as hotels in Delhi fill up fast.
There are 2 packages:
1) 4 nights’ accommodation on a twin share basis. This includes breakfast and transport to and from the hotel. It covers Conference costs, including morning and afternoon tea. It includes half-day sightseeing/shopping on Sunday, and a trip to the Taj Mahal, one of the Wonders of the World, on Monday. Departure Tuesday.
2) 5 nights accommodation. Includes all of the above plus one day local sightseeing of attractions such as Delhi Gate, Lal Quila, Qutob Minar.

**Registration – available shortly**
In order for us to obtain an estimate of number of delegates, please fill out the Conference registration form and return it with a 50% deposit to S.M. Linda Low, Chair of ITF Women’s Committee, by **13th February 2015. Full payment must be made by 30th May 2015.**

**11. NEW LEADERSHIP OF CITF**

2014 China ITF Taekwon-Do Federation Annual Meeting was held in Changping District, Beijing on 26th November 2014. There were 23 provinces, municipalities and autonomous regions to carry out the Taekwon-Do ITF, among the 32 provinces, municipalities and autonomous regions of China. A total of 140 dojangs and schools from 19 provinces, cities and autonomous regions more than 70 delegates to attend the meeting. After a democratically elected the new leadership of ITF China: The conference unanimously elected Mr. Liang Xiao Bing as President, Mr. Zhang Zeng Rui as Honorary President, Master Xu Chang Hu as Vice-President, Ms. Cui Chun Yu as Secretary General, and also elected 10 members of Executive Board Member and every chairpersons of standing committee. The meeting unanimously adopted the activities plan for next year.

**China ITF Taekwon-Do Federation (ITF China) EXECUTIVE BOARD MEMBER**

Honorary President: Mr. Zhang Zeng Rui (Vice Chairman of Changping Martial Arts and Sports Association)
President: Mr. Liang Xiao Bing (Vice Chairman and Secretary General of Changping Martial Arts and Sports Association)
Vice-President: Master Xu Chang Hu (7th Dan)
Secretary General: Ms. Cui Chun Yu (H-4th Dan)
Vice Secretary General: Mr. Hou Zhe (6th Dan)
Executive Committee Members:
Mr. Zhao Jing Hu (6th Dan)
Mr. Yin Hu Lin (6th Dan)
Mr. Li Song Can (6th Dan)
Mr. Lu Qi Long (6th Dan)
Mr. Ji Lei (5th Dan)
Mr. Gao Liang (5th Dan)
Mr. Shen Peng Fei (5th Dan)
Mr. Yang Le Jian (5th Dan)
Mr. Li Lian Gang (5th Dan)
Mr. Wang Yuan (H-4th Dan)
-to be elected-
-to be elected-
-to be elected-
CHAIRPERSONS OF STANDING COMMITTEES
Technical and Education Committee Chairman: Mr. Zhao Jing Hu (6th Dan)
Tournament Committee Chairman: Mr. Yin Hu Lin (6th Dan)
Umpire Committee Chairman: Mr. Hou Zhe (6th Dan)
Junior Committee Chairman: Mr. Wang Yuan (H-4th Dan)
Women Committee Chairman: Ms. Zhang Yuan (5th Dan)
Special Needs Committee: -to be elected-
Information and Public Relations Committee: Mr. Yang Yu Bo (5th Dan)
China ITF Taekwon-Do Federation (ITF China)
Website: www.itfchina.org
Email: infoITFCINA@126.com
Address: 中國北京市昌平區西環南路31號 Western south road No.31, Changping District, Beijing, China.
P.O.Box: 102200

CHINA ITF TAEKWON-DO FEDERATION EXECUTIVE BOARD MEMBERS

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Vice-President: Master Xu Chang Hu (7th Dan)

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Mr. Gao Liang (5th Dan)
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Mr. Yang Le Jian (5th Dan)

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CHINA ITF TAEKWON-DO FEDERATION

CHAIRPERSONS OF STANDING COMMITTEES

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